

Program Information

- Assessment and treatment planning for youth with serious psychiatric symptoms
- Serving youth 12 to 17 years of age
- Eight beds with an average stay of 21 to 28 days
- Available to youth residing anywhere in the Interior Health region
- Youth-friendly environment including lounges, recreation areas, classroom and individual patient rooms
- Staffed by a team of health professionals
- Youths leave with a post-treatment plan that uses resources in the youth's home community
- Collaborative partnership with Health, Education and Ministry of Children and Family Development (MCFD) – Child and Youth Mental Health

“Helping our young people meet the challenges of mental illness”



How do you know if the **Adolescent Psychiatry Unit** is right for you?



Community Partners

- Ministry of Children and Family Development
- Ministry of Education – School District #23

The Interior Health Adolescent Psychiatry Unit will provide a youth-friendly, safe and secure environment. Patients will have private rooms and access to a TV lounge and an outdoor courtyard.

Daily programming includes therapy groups, recreational and leisure time and creative projects. A unit classroom staffed by a certified teacher will help students maintain their coursework and create an education plan for their return to their community school.

Programming provides an opportunity for a whole-life assessment creating the basis for treatment planning.

Health professionals include doctors, social workers, nurses, youth care workers, a recreation therapist, a psychologist, an occupational therapist and a teacher. Other health care professionals will be consulted as required.

All admissions are by referral only

Who can refer?

- Ministry of Children and Family Development – Child and Youth Mental Health
- Psychiatrists
- Interior Health – Mental Health and Addiction Services

Who is eligible?

Youth meeting the following criteria:

- Resident of IHA region
- 12 to 17 years old
- Significant psychiatric symptoms beyond the assessment or treatment scope of community resources
- Must have completed a recent psychiatric assessment

Youth with a primary diagnosis of substance abuse, eating disorder, conduct disorder, or developmental disorder with no other psychiatric symptoms are more appropriately referred to other Provincial programs designed for their unique clinical needs.

Psychiatrists and other mental health clinicians can access the online referral form at:
www.interiorhealth.ca

CONTACT INFORMATION

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