

# **Substance Use Outreach Services**

Interior Health and our partner agencies provide a range of substance use services for all ages. We strive to ensure our services are welcoming of all peoples, gender identities, cultures, ethnicities and backgrounds.

# **RESOURCE LIST**

#### **Start Here**

**Call 310-MHSU (6478)** to connect with your <u>local Mental Health & Substance</u> Use Centre.

# Call a Crisis line for immediate assistance (24/7):

- Interior Crisis Line Network
  1-888-353-2273
- · KUU-US (Indigenous) Crisis Line 1-800-588-8717
- Métis Crisis Line
  1-833-638-4722

#### **Services**

#### **Opioid Agonist Treatment (OAT)**

# **Outpatient Withdrawal Management Services**

· Coming soon

## **Substance Use Services**

#### One-Pagers:

- Descriptive Service Overview
- · Descriptive Service Overview Youth
- · Clickable Linear Diagram
- · Clickable Linear Diagram Youth
- · Clickable Circular Diagram

## <u>Facility Based Services - Adult & Youth</u> <u>Includes:</u>

- · Withdrawal Management Services
- · Facility-Based Treatment Services
- · Support Recovery Services

#### **Mental Health Services**

#### One-Pagers:

- <u>Descriptive Service Overview</u>
- · Descriptive Service Overview Youth
- · Clickable Linear Diagram
- · Clickable Linear Diagram Youth

Substance Use Outreach Services involve street-outreach and outreach within facilities through text, telephone & face-to-face contact. Service links people who use substances to treatment and support systems in the community.

### **Service Brochures**

- Crisis & Hospital Services
- Substance Use Services
- Mental Health Community Counselling & Treatment Services
- Mental Health Treatment, Support & Recovery Services
- Mental Health Specialty Services

#### **Patient Information Sheets**

- Anxiety
- Depression
- Suicidal Thoughts
- Mental Health Act
- Substance Use
- Overdose Prevention

## **Substance Use Fact Sheets**

- Help Lines
- Addressing Stigma
- Mobile Apps and Virtual Treatment
- Opioid Agonist Treatment
- Overdose Prevention & Harm Reduction
- Peer Education & Training
- Resources for Families Affected by Substance Use
- Substance Information Alcohol
- Substance Information Cannabis
- Mental Wellness Resources for Aboriginal Partners

Our services are Person Centered, Recovery Oriented, Trauma Informed, Culturally Safe and based on Harm Reduction Principles.