

Name: \_\_\_\_\_

Dates: From \_\_\_\_\_ to \_\_\_\_\_

## Cohen-Mansfield Agitation Inventory (CMAI)<sup>1</sup> - Short

Instructions: For each of the behaviours below, check the rating that indicates the average frequency of occurrence over the last 2 weeks.

Never	Less than once a week	Once or Twice a week	Several Times a week	Once or Twice a day	Several Times a day	Several Times an hour
1	2	3	4	5	6	7

### Physical/Aggressive

1. Hitting (including self)	1	2	3	4	5	6	7
2. Kicking	1	2	3	4	5	6	7
3. Grabbing onto people	1	2	3	4	5	6	7
4. Pushing	1	2	3	4	5	6	7
5. Throwing things	1	2	3	4	5	6	7
6. Biting	1	2	3	4	5	6	7
7. Scratching	1	2	3	4	5	6	7
8. Spitting	1	2	3	4	5	6	7
9. Hurting Self or others	1	2	3	4	5	6	7
10. Tearing things or destroying property	1	2	3	4	5	6	7
11. Making physical sexual advances	1	2	3	4	5	6	7

### Physical/Non-Aggressive

12. Pace, aimless wandering	1	2	3	4	5	6	7
13. Inappropriate dress or disrobing	1	2	3	4	5	6	7
14. Trying to get to a different place	1	2	3	4	5	6	7
15. Intentional falling	1	2	3	4	5	6	7
16. Eating/drinking inappropriate substance	1	2	3	4	5	6	7
17. Handling things inappropriately	1	2	3	4	5	6	7
18. Hiding things	1	2	3	4	5	6	7
19. Hoarding things	1	2	3	4	5	6	7
20. Performing rep. mannerisms	1	2	3	4	5	6	7
21. General restlessness	1	2	3	4	5	6	7

### Verbal/Aggressive:

22. Screaming	1	2	3	4	5	6	7
23. Making verbal sexual advances	1	2	3	4	5	6	7
24. Cursing or verbal aggression	1	2	3	4	5	6	7

### Verbal/Non-aggressive:

25. Rep sentences or questions	1	2	3	4	5	6	7
26. Strange noises (weird laughter or crying)	1	2	3	4	5	6	7
27. Complaining	1	2	3	4	5	6	7
28. Negativism	1	2	3	4	5	6	7
29. Constant unwarranted request for attention or help	1	2	3	4	5	6	7

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

<sup>1</sup>The use of this tool is strictly for clinical assessment and educational purposes *only* and is restricted from use in any for-profit activities. Permission pending, January 25<sup>th</sup>, 2010.