

## IH School Free Condom Supply Form

<b>School Name</b>		<b>Contact Person</b>	
<b>Email</b>		<b>Phone #</b>	
<b>Date Ordered</b>		<b>School Nurse Name</b>	

Product	Description	Units of Issue	Quantity Requested
External (male) Condoms	Lubricated	1440 per box	
External (male) Condoms	Flavoured/Coloured	144 per box	
Aqua Lube	3 mL Packages	1152 per box	
Insertive (female) Condoms		100 per bag	

**To avoid delays, please connect with your local Health Unit for ordering deadlines prior to faxing form**

IH CENTRAL – Health Unit Fax Numbers			
Armstrong	250-546-9521	Princeton	250-295-4443
Enderby	250-838-6005	Revelstoke	250-814-2243
Kelowna	250-868-7809	Rutland	250-765-7710
Keremeos	250-499-3027	Salmon Arm	250-733-4117
Lumby	250-549-5711	Sicamous	250-836-3166
Oliver	250-498-0351	Summerland	250-404-8057
Osoyoos	250-495-5142	Vernon	250-549-5711
Penticton	250-770-3410	West Kelowna	250-768-9813
IH EAST – Health Unit Fax Numbers			
Castlegar	250-365-4303	Kaslo	250-353-2738
Cranbrook	250-420-2295	Kimberley	250-427-7389
Creston	250-428-3880	Midway	250-449-2889
Elkford	250-425-2378	Nakusp	250-265-5246
Fernie	250-423-8280	Nelson	250-505-7211
Golden	250-344-2817	Sparwood	250-425-2378
Grand Forks	250-443-3180	Trail	250-364-6218
Invermere	250-342-2373		
IH WEST – Health Unit Fax Numbers			
Ashcroft	250-453-1952	Lillooet	250-256-1332
Barriere	250-672-5144	Merritt	250-378-3287
Chase	250-679-5329	Tatla lake	250-476-1266
Clearwater	250-674-2477	Williams Lake	250-302-5002
Kamloops	250-851-7301	100 Mile House	250-395-7675

The most up to date version of this form can be found under Health Promotion Resources at:  
<https://www.interiorhealth.ca/sites/Partners/SchoolDistricts/Pages/default.aspx>

## Now that your school has condoms ...

### It is important to check:

- ✓ Condom expiry dates
- ✓ Condoms have not been tampered with

See: <http://www.wikihow.com/Check-a-Condom>

Interested in Ordering Condom Dispensers? <https://pamco.ca/condom-dispensers/>



### How to put on a condom:

[External \(male\) condoms | Be in the KNOW How to Use a Condom - YouTube](#)

[How To Use An Internal Condom - YouTube](#)

### What to do if the condom broke:

<http://smartsexresource.com/what-to-do-if/condom-broke>

### Condom use errors and problems:

<http://www.livescience.com/18661-14-common-condom-errors.html>

### How to talk about condoms with your partner:

[smartsexresource.com/sex-talk/talk-about-it](http://smartsexresource.com/sex-talk/talk-about-it)

### Want more sexual health resources?

[Sexual Health | Health & Wellness | IH \(interiorhealth.ca\)](#)

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