

HEALTHY COMMUNITY DEVELOPMENT TEAM



WHAT IS A HEALTHY COMMUNITY?

“ A **healthy community** is when the **built, social, economic, and natural environments** allow people the opportunity to live to their full potential and to come together to make their community better for themselves, their family, their friends, their neighbours, and others. ”

Canadian Institute of Planners. (n.d.). Policies on Healthy Communities Planning. Taken from <https://www.cip-icu.ca/Files/Policy-2018/policy-healthy-eng-FINAL.aspx>

WHAT FACTORS CONTRIBUTE TO A HEALTHY COMMUNITY?



WHO IS RESPONSIBLE FOR A HEALTHY COMMUNITY?

Supporting healthy communities requires a **collaborative effort** and is a **shared responsibility**. Everyone has an important role to play. This includes health authorities, community organizations, businesses, schools and local government.

HOW CAN OUR TEAM HELP?



We support healthy community planning, policy, and action by:

Building Partnerships

- Supporting **collaborative partnerships** based on community needs and priorities
- **Connecting sectors**
- **Connecting** communities with other IH teams

Providing a Health Evidence & Equity Lens on Community Plans

- **Informing long range plans** such as Official Community Plans
- Providing responses to local government **land use planning referrals**

Building Capacity of Communities

- Supporting **grant application processes** including letters of support
- **Participating in** local government or community **committees**
- **Facilitating workshops**
- Providing **health/equity expertise, data, and best practices**

Sharing Effective Tools & Resources

- **Sharing best practices and examples** from other communities
- **Sharing grant opportunities**
- **Sharing new tools and resources** in our monthly newsletter

Recognizing & Celebrating

- **Recognizing great local work** in our monthly newsletter
- **Sharing community successes** with our provincial partners

WANT TO LEARN MORE?



Check out our website

<https://www.interiorhealth.ca/information-for/community-partners/healthy-communities>



Join our newsletter

Subscribe to receive our monthly newsletter



Contact us

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