

# MIXED OPIOID AND BENZODIAZEPINE OVERDOSE

Learn how to respond



Unconscious? Call 911 + follow **SAVE ME**:



**S**timulate  
Unresponsive?  
Call 911

**A**irway  
Check and  
open

**V**entilate  
1 breath every  
5 seconds

**E**valuate  
Breathing?

**M**edication  
1 dose of  
Naloxone

**E**valuate  
& support  
Wait 3 min.  
Another dose?

## INTERVENTIONS

### CHECK BREATHING



**LOOK FOR:**

- Gurgling noises
- Pale or blue skin
- Visible airway blockage

*If any of the above are present:*

Remove any visible airway blockage and **Give 1 breath every 5 seconds - BREATHS SAVE LIVES**

If breathing well, position on side and continue to monitor  
Stay close by until help arrives

### CHECK PULSE



- Check for a **pulse**
  - If pulse is **present** consider administering Naloxone (as per SAVEME steps above)
- **NO pulse?** Begin **chest compressions**



### A note on... NALOXONE



- If person is unconscious administer **1 dose of Naloxone** as per kit instructions (if available)
- It is important to wait **3 minutes** between doses and look for a response. **CONTINUE** giving breaths every 5 seconds if unconscious.

Naloxone is only effective at treating an opioid overdose.  
Naloxone will not reverse the effects of benzodiazepine overdose alone.  
If Naloxone is not working, continue to **give breaths** until help arrives.  
You can still save a life without Naloxone.