

What are the safeguards?

There are different safeguards for those whose natural death is reasonably foreseeable and those whose natural death is not reasonably foreseeable.

To learn more about the safeguards for a medically assisted death, please speak with your doctor/nurse practitioner or visit the [BC Ministry of Health website](#).

Where can Medical Assistance in Dying take place?

A medically assisted death can occur in a variety of places: your own home, a hospital, a hospice, most long-term care homes or another safe, meaningful setting.

When you are planning for a medically assisted death you may wish to consider who you would like to be present, as well as any specific music, cultural and/or religious rituals that are important to you. You and your MAiD Provider will discuss all the details of your plans and wishes.

Who can I speak with about Medical Assistance in Dying?

To learn more about MAiD, you can speak with the doctor or nurse practitioner who is most responsible for your care.

Doctors and nurse practitioners are not obligated to participate in the MAiD process. However, they must connect you with another health care provider who will support your request.

In addition, you can ask any member of your health care team to bring your request to the attention of your doctor or nurse practitioner.

MAiD is a person-centred process. Whatever you decide, your health care team is here to honour and respect your wishes.

You are also welcome to contact the Interior Health MAiD Coordination Centre at:

Phone: **250-469-7073** (Kelowna)

Toll Free: **1-844-469-7073**

Fax: **250-469-7066**

Email: **MAiD@interiorhealth.ca**

Hours: Mon. - Fri., 8:00 a.m. - 4:00 p.m.



Interior Health
Every person matters

Medical Assistance in Dying (MAiD)



Information for
Individuals and Loved Ones

What is Medical Assistance in Dying?

Medical Assistance in Dying (MAiD) is a legal, end-of-life care option in which a MAiD Provider (doctor/nurse practitioner) helps a person, who is eligible, to voluntarily and intentionally end their life.

Seeking MAiD is a deeply personal decision. You may choose to discuss your wishes with your loved ones and others who can support you.

It is important to know that not every person who requests MAiD will be eligible or, if found eligible, will decide to choose a medically assisted death.

It is normal to have questions. Exploring MAiD with your health care team (i.e. family doctor/nurse practitioner, nurse, social worker) can be helpful.

You can learn more detailed information about medical assistance in dying by reading, “**MAiD: A Shared Journey**”; a resource that is located on Interior Health’s public website:

www.interiorhealth.ca/yourcare/maid

Who is eligible to receive Medical Assistance in Dying?

There are two eligibility pathways for medical assistance in dying:

- where death may be in the foreseeable future
- where death may not be in the foreseeable future

Eligibility is determined by the MAiD Providers involved in your request and includes:

- being at least 18 years old
- being able to make decisions about your health
- having a grievous and irremediable medical condition
- requesting assistance without pressure from anyone else
- being eligible for publicly-funded health services in Canada

You can find more information about eligibility criteria at the [BC Ministry of Health website](http://www.bccdc.ca/health-services/maid).

How do I request MAiD?

To start the process, you must complete the *Request for Medical Assistance in Dying* form (HLTH 1632). Information and forms can be found on the [BC Ministry of Health’s website](http://www.bccdc.ca/health-services/maid).

Once completed, you can fax the form directly to the MAiD Coordination Centre at 250-469-7066, or mail the form to:

MAiD Coordination Centre
c/o Kelowna Health Services Centre
505 Doyle Ave
Kelowna, BC V1Y 0C5

If you need help finding, completing or submitting the form, you can ask a member of your health care team or go to any Interior Health facility for support.

What happens after a Request is submitted?

The MAiD Coordination Centre will arrange for two independent MAiD Providers to contact you to complete the required eligibility assessments. One of the assessments may be completed by your family doctor or nurse practitioner.