How to use an Ellipta®

Patient Information | www.interiorhealth.ca

Usage

- Do not shake the Ellipta®

- If the dose counter doesn't count down when you slide open the cover and hear it click, take it back to your pharmacy. The medicine has not loaded and you will not get the dose.

- If you drop or breathe into the Ellipta® after you have opened the cover (Step 1), you will need to close the cover and follow steps 1 to 7. You won't get a double dose.

- Your medication expires 6 weeks after opening the foil package. Write this date on your calendar or on the Ellipta®.

Cleaning

- Wipe the mouthpiece with a clean, dry, cloth or tissue after you take your dose.

- Never use water.

Storage

- Keep it closed.

- Keep it in a dry place at room temperature.

- Keep it away from direct sunlight or heat.
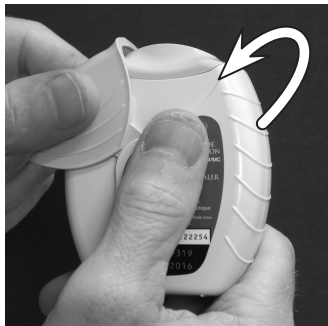
When to get a new Ellipta®

- Check the dose counter and the expiry date.

- Start a new inhaler when the old one is empty or expired.

This document is for informational purposes only. For detailed instructions on use of the Ellipta® and information about your medication please see the package insert or ask your pharmacist.
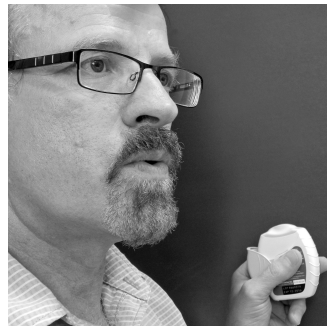
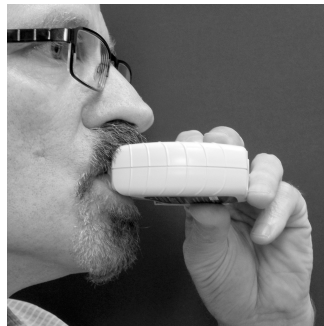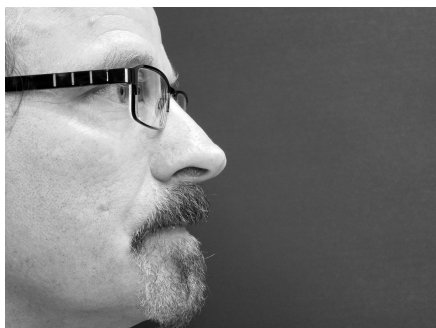| Healthlink BC	Nurse	24 hours a day	Daily	*Call 8-1-1 to speak with a nurse, ask a dietitian about nutrition, or a pharmacist about your medication.*
Call 8-1-1	Dietitian	9 am – 5 pm	Mon – Fri	
	Pharmacist	5 pm – 9 am	Daily	
www.healthlinkbc.ca	Hearing Impaired	Call 7-1-1		

1. **Slide** open. Hear a **click**.

2. **Breathe out**, away from the Ellipta® to the end of a normal breath.
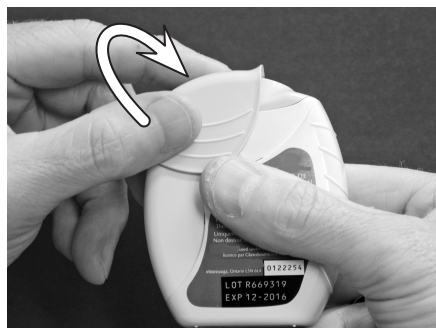
3. **Put the Ellipta®** between your teeth and seal your lips around it. **Breathe in as fast as you can** until your lungs are full.

4. **Do not block the air vent.**

5. **Remove the Ellipta®. Hold your breath** for **10 seconds** if you can. **Breathe out.**

6. **Slide** closed.

7. **Rinse**, gargle and **spit out.**