

## Primary Care

Call: 250-523-9414

**Services:**

Primary care physician / nurse practitioner offering virtual care. An in-person registered nurse will set up and assist with the appointment and provide follow up assistance.

## Emergency Services

Call: 911

**Services:**

Emergency services are coordinated through BC Ambulance and Interior Health and are routed to Lillooet, Kamloops or other locations depending on the situation.

## Home Health/ Home Support

Call: 1-800-707-8550 ex. 6 (self-referrals accepted)

**Services:**

Home medical care like wound care and therapy (physical, occupational, speech), and assistance with daily activities such as mobility and grooming.

## Adult Day Services

Call: 1-800-707-8550 ex. 6 (self-referrals accepted)

**Services:**

Nutritious meals, physical activity, health care, recreational programs (music, baking, games, crafts, gardening, outings), and social opportunities.

## Lab Collection Services

8:30 a.m. to 12:20 p.m. Monday to Friday by appointment

Book online: <https://www.labonlinebooking.ca>

Or call: 844-0870-4756

**Services:**

Blood, urine, stool and other sample collection.

## Diagnostic Imaging

8:45 a.m. to noon Mon/Tues/Thurs/Fri by appointment

Book online: <https://myhealthportal.interiorhealth.ca/>

Or call: 250-674-4107

**Services:**

X-ray examination and diagnosis.

## Mental Health & Substance Use

Call: 250-378-3401 (self-referrals accepted)

**Services:**

A range of counseling, treatment, and support programs tailored to individuals' needs. Referrals to specialized programs available.

## Respiratory / Spirometry Services

Call: 250-523-9414, ex. 2 (by physician referrals only)

**Services:**

Comprehensive assessment, treatment, and support for individuals with respiratory conditions, offering diagnostic testing, therapy management, and education. Referrals to specialized programs available.

## Nutrition / Diabetes Education

Call: 250-523-9414, ex. 2 (physician and self-referrals accepted)

**Services:**

In-person or virtual appointments with dietitians. Home health dietitian services available for patients with feeding tubes.

## Community Transportation

Book two days in advance: 250-376-7525

**Services:**

Health Connections service stops in Logan Lake on Tuesdays to bring riders to Kamloops and on Thursdays to bring riders to Kelowna.

**Learn more:**

<https://www.bctransit.com/kamloops/schedules-and-maps/health-connections/logan-lake-kelowna>