

RIGHT CARE, RIGHT PLACE.

USE YOUR EMERGENCY DEPARTMENT WISELY

HEALTH CONCERN?

Call your family doctor or nurse practitioner first. Same-day appointments may be available.



FAMILY DOCTOR OR NURSE PRACTITIONER NOT AVAILABLE?

Visit a local walk-in clinic if available.

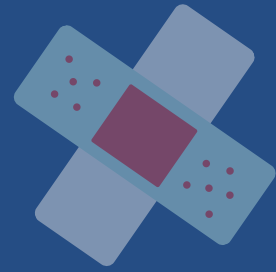
NEED TRUSTED HEALTH ADVICE?

Call 8-1-1. Healthlink BC is available 24/7.



NEED SAME-DAY TREATMENT BUT CAN'T SEE YOUR REGULAR CARE PROVIDER?

Visit www.interiorhealth.ca to see whether an Urgent and Primary Care Centre is available in your community.



MENTAL HEALTH AND/OR SUBSTANCE USE CONCERN?

Call the IH Crisis Line at 1-888-353-CARE (2273). Available 24/7.

URGENT MEDICATION REFILL NEEDED?

Speak with your pharmacist.



CRITICAL INJURY OR LIFE-THREATENING CONDITION?

Call 9-1-1 or go to the nearest emergency department.



Interior Health