



Mental Health Services in Interior Health

We strive to ensure all services are welcoming of all peoples, gender identities, cultures, ethnicities and backgrounds.

Call 310-MHSU (6478) or click here to connect to our "Access MHSU Services" program for entry or referral to a mental health service that best meet your needs. Our goal is to provide person centered, recovery oriented, trauma informed & culturally safe services based on harm reduction principles.

Interior Health and partner agencies provide the following mental health services for people 19+.

Click on a link below for a description of the service and to find a Mental Health & Substance Use (MHSU) Centre near you.

Prevention / Early Intervention

[Adult Mental Health Services & Resources](#)

[Help Lines Fact Sheet](#)

[Mobile Apps / Virtual Treatment Fact Sheet](#)

[Adult Health Care](#)

Counselling & Treatment Services*

[Aboriginal Patient Navigator Services \(APN\)-MHSU](#)

[Counselling & Treatment Services](#)

[Group Counselling & Education](#)

[Perinatal Counselling Services](#)

Treatment, Support & Recovery Services*

[Aboriginal Patient Navigator Services \(APN\)-MHSU](#)

[Treatment, Support & Recovery Services](#)

[Intensive Case Management](#)

[Assertive Community Treatment](#)

Mental Health Specialty Services*

[Aboriginal Patient Navigator Services \(APN\)-MHSU](#)

[Seniors Mental Health & Substance Use Services](#)

[Early Psychosis Intervention](#)

[Eating Disorders Treatment Services](#)

[Developmental Disability Mental Health Services](#)

Crisis & Hospital Services

[Crisis Response](#)

[Substance Use Connections](#)

[Integrated Crisis Response Teams](#)

Hospital Based Psychiatry Services

[Acute Inpatient Psychiatry Services](#)

[Acute Psychiatry Short Stay](#)

[General Psychiatry Services](#)

Tertiary Psychiatric Services

[Neuropsychiatry](#)

[Psychiatric Intensive Care](#)

[Adult Psychiatry Assessment & Treatment](#)

[Adult Tertiary Rehabilitation](#)

[Older Adult Assessment & Treatment](#)

[Older Adult Long-term Tertiary Rehabilitation](#)

[Go to Adult Substance Use Services & Resources in Interior Health](#)

