



# YOUTH Substance Use Services in Interior Health

We strive to ensure our services are welcoming of all peoples, gender identities, cultures, ethnicities and backgrounds.

Call 310-MHSU (6478) or click here to connect to our "Access MHSU Services" program for entry or referral to a substance use service that best meet your needs.

Our goal is to provide person centered, recovery oriented, trauma informed & culturally safe services based on harm reduction principles.

If you have an ongoing mental health concern that is significantly impacting your daily life, [Child & Youth Mental Health \(CYMH\)](#) and [Indigenous Child & Youth Mental Health \(CYMH\) Services](#) might be able to provide the best support.

Interior Health and partner agencies provide the following substance use services for youth aged 12-24 with some programs including priority ages.

**Click on a link below for a description of the service and to find a Mental Health & Substance Use (MHSU) Centre near you.**

## Prevention / Early Intervention

[Youth Substance Use Services & Resources](#)

[Help Lines Fact Sheet](#)

[Mobile Apps / Virtual Treatment Fact Sheet](#)

[School Health Care Mental Health Promotion](#)

### Non-MHSU or Interior Health Services

[Kid's Help Phone](#)

[Virtual Foundry](#)

[Online Chat for Youth](#)

[Bounce Back](#)

[Indigenous Youth Line](#)

[PreVenture](#)

[Substance Use & Youth \(Kelty Mental Health\)](#)

## Safer-Use Services

[Substance Use Outreach Services](#)

[Harm Reduction Services](#)

[Supervised Consumption / Overdose Prevention Services](#)

## Crisis & Hospital Services

[Substance Use Connections](#)

[Addiction Medicine Consultation Services](#)

[Integrated Crisis Response Teams](#)

## Community Based Services

[Substance Use Counselling & Treatment Services](#)

[Substance Use Day Treatment](#)

[Intensive Case Management](#)

[Opioid Agonist Treatment](#)

[Virtual Addiction Medicine Clinic](#)

[MHSU Caregiver Support](#)

[Aboriginal Patient Navigator Services-MHSU](#)

## Facility Based Services

[Withdrawal Management Services](#)

[Youth Treatment Beds](#)

[Go to Mental Health Services for Children & Youth in Interior Health](#)