



Interior Health

Toddler Talk

Your one-year-old says their FIRST words! Your toddler starts to talk and this is a huge step. Your child's words may be hard to understand, but don't worry, speech clarity will come later.

Receptive Language

By 1 year, your child is:

- Using their voice to get your attention
- Understanding some words
- Following simple directions (Ex. Get your ball)

By 18 months, your child is

- Pointing to body parts (Ex. Where is your nose?)
- Pointing to pictures in a book

By 2 years, your child is:

- Following directions with two parts (Ex. Pick up your ball and go put it away)

Expressive Language

By 1 year, your child is:

- Communicating by gesturing and making sounds
- Babbling using a variety of sounds (Ex. Badameema)

By 18 months, your child is

- Saying about 20 words (You can count sound effects and unclear words that you recognize)

By 2 years, your child is:

- Using a few words together like "Daddy home" and "more milk"
- Saying 50-100 words

Social Communication

By 1 year, your child is:

- Getting your attention by using their voice (ex. Mom!)
- Taking turns in an interaction
- Responding to their name



If you have questions or concerns about your child's communication development, contact your local health center to see a Speech-Language Pathologist at no cost!

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