Enhanced Recovery in Interior Health

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Purpose

1. What is Enhanced Recovery
2. How Enhanced Recovery started in IH
3. Where IH is today
4. Where it is going

What is Enhanced Recovery?

Where we started from…

Pre 2011	• One champion, one hospital, one process
2011	• Pilot
2013	• Spread to 7 additional sites
2014/15	• Tertiary sites participated in Provincial Enhanced Recovery Collaborative

* Administrative support was focused on colorectal but other service lines started to incorporate principles*

Where we are today…

- General Surgery = 7/8 sites
- Orthopedic Surgery = 6/7 sites
- Urology = one site actively developing tools, other surgeons have expressed interest

Where we are going…

Local:

- Gynecology = expressed interest
- Micro Vascular = expressed interest
- Trauma services = revising program to incorporate Enhanced Recovery principles

Provincial:

- Enhanced Recovery aligns with Ministry of Health objectives