



OVERDOSE ALERT



Increased Overdose Activity with SEVERE OUTCOMES reported in Cranbrook, BC

July 20, 2020

In addition to the **EXTENDED** provincial overdose alert related to increased drug toxicity across BC there have been recent reports of increased **OVERDOSES** with **SEVERE OUTCOMES** in Cranbrook.

Some of the overdoses appear to be linked with a dark- reddish brown substance with green specks. Substance being sold as “down”. Overdoses are being reported through multiple modes of consumption and may require multiple doses of naloxone. **TOXIC DRUGS** are circulating.

For your safety:

- Avoid using different drugs at the same time or using drugs and alcohol together.
- Remember, smoking substances can still lead to overdose, take measures to prevent overdose.
- **Get your drugs checked** – see service information below.
- Don't use alone. Leave door unlocked. Tell someone to check on you.
- If you feel you must use while alone, consider using the [Lifeguard app](#) which can connect you with emergency medical dispatchers in the event of an overdose. Download at the [App Store](#) or [Google Play](#).
- Test by using a small amount, then go slow.
- Carry a Naloxone kit and know how to use it.

Know the signs of overdose and how to respond

- Recognize the signs of an OD: slow or no breathing, gurgling or gasping, lips/fingertips turning blue, difficult to rouse (awaken), non-responsive.
- Call 9-1-1 immediately. **It is still safe (and important) to use emergency services during the COVID -19 pandemic.**
- Open airway and give rescue breaths.
- Give naloxone (Narcan) if you have it.

Naloxone Kits and Training available at:

- ANKORS, EKASS, Ktunaxa Nation Health Clinic, IH Public Health & Mental Health Substance Use
- Pharmacies located throughout Cranbrook
- <https://towardtheheart.com/site-finder>

Drug checking :

- ANKORS #209 – 16th Ave North Cranbrook 250-426-3383
- EKASS – 250-489-4344
- www.drugchecking.ca

ALERT IN EFFECT UNTIL: July 27th PLEASE REMOVE AFTER THIS DATE. 