



OVERDOSE ALERT



Significant increase in overdose in last 24hrs

Kelowna, BC

July 30th, 2020

There has been a significant increase in overdoses in Kelowna in the past 24hrs.

For your safety:

- Avoid using different drugs at the same time or using drugs and alcohol together.
- Stay hydrated in the heat, seek spaces to stay cool.
- **Get your drugs checked** – see service information below.
- Don't use alone. Leave door unlocked. Tell someone to check on you.
- If you feel you must use while alone, consider using the [Lifeguard app](#) which can connect you with 911 emergency responders in the event of an overdose. Download at the [App Store](#) or [Google Play](#).
- Test by using a small amount, then go slow.
- Carry a Naloxone kit and know how to use it.
- Use at the supervised consumption site.

Know the signs of overdose and how to respond

- Recognize the signs of an OD: slow or no breathing, gurgling or gasping, lips/fingertips turning blue, difficult to rouse (awaken), non-responsive.
- Call 9-1-1 immediately
- Open airway and give rescue breaths
- Give naloxone (Narcan) if you have it.

Naloxone Kits and Training available at:

Interior Health CHSC 505 Doyle Ave
Outreach Urban Health
Living Positive Resource Centre
<https://towardtheheart.com/site-finder>

Drug checking:

Fentanyl Test Strips – take home
Living Positive Resource Centre – 255 Lawrence Ave

Supervised Consumption Site:

7 days / week
12:30pm – 5:30 pm Downtown 455 Leon Ave

7pm – 11:30pm Rutland 125 Park Rd.



ALERT IN EFFECT UNTIL: August 6th 2020 (ONE WEEK AFTER ISSUE). PLEASE REMOVE AFTER THIS DATE.