



DRUG ALERT



Increased Overdose Activity

Williams Lake and Area

July 10, 2020

There have been recent reports of increased overdose activity in the Williams Lake and surrounding area. We have not yet identified a specific substance, but urge people to be aware of the heightened risk of overdose at this time.

For your safety:

- Remember, smoking substances can still lead to overdose, take measures to prevent overdose.
- Avoid using different drugs at the same time or using drugs and alcohol together.
- Don't use alone. Leave door unlocked. Tell someone to check on you.
- Test by using a small amount, then go slow.
- Carry a Naloxone kit and know how to use it.

Know the signs of overdose and how to respond

- Recognize the signs of an OD: slow or no breathing, gurgling or gasping, lips/fingertips turning blue, difficult to rouse (awaken), non-responsive.
- Call 9-1-1 immediately. **It is still okay (and important) to use emergency services during this time.**
- Give naloxone (Narcan) if you have it, open airway and give rescue breaths.

Naloxone Kits and Training available at:

Williams Lake Public Health & MHSU Services
and the Boys and Girls Club

Three Corners Health Services Society

Or see <https://towardtheheart.com/site-finder>



ALERT IN EFFECT UNTIL: July 17, 2020 (PLEASE REMOVE AFTER THIS DATE).