



DRUG ALERT



Continued Increased Overdose Activity

Williams Lake and Area

July 29, 2020

There have been recent reports of increased overdose activity in Williams Lake and area. We have no specific substance at the time but urge people to be aware of the heightened risk of overdose at this time. A provincial alert also remains in effect.

For your safety:

- Remember, smoking substances can still lead to overdose, take measures to prevent overdose.
- Avoid using different drugs at the same time or using drugs and alcohol together.
- Don't use alone. Leave door unlocked. Tell someone to check on you.
- Test by using a small amount, then go slow.
- Carry a Naloxone kit and know how to use it.

Know the signs of overdose and how to respond

- Recognize the signs of an OD: slow or no breathing, gurgling or gasping, lips/fingertips turning blue, difficult to rouse (awaken), non-responsive.
- Call 9-1-1 immediately. **It is still okay (and important) to use emergency services during this time.**
- Give naloxone (Narcan) if you have it, open airway and give rescue breaths.

Naloxone Kits and Training available at:

Williams Lake Public Health & MHSU Services
Boys and Girls Club
Three Corners Health Society

Or see <https://towardtheheart.com/site-finder>

Drug Checking Services:

Take Home Fentanyl Test Strips
Call or Text Laurel, Boys and Girls Club
250-305-4235 to arrange for access (19yrs+)



ALERT IN EFFECT UNTIL: Aug 5, 2020 (PLEASE REMOVE AFTER THIS DATE)