



DRUG ALERT



Powder Cocaine containing Fentanyl and Phenacetin

Kamloops BC

June 19th, 2020

Stimulants contaminated with fentanyl have great risk for overdose.

Phenacetin is an old pain reliever which is also a carcinogen (cancer causing).

For your safety:

- **Get your drugs checked** – see service information below.
- Buddy up when you are using, stay 2 meters (6 ft) from your buddy to remain physically distanced, but remember **using with a buddy is safer than using alone!**
- Avoid using different drugs at the same time or using drugs and alcohol together.
- Don't use alone. Leave door unlocked. Tell someone to check on you.
- **If you feel you must use while alone, consider using the [Lifeguard app](#) which can connect you with emergency medical dispatchers in the event of an overdose. Download at the [App Store](#) or [Google Play](#).**
- Test by using a small amount, then go slow.
- Carry a Naloxone kit and know how to use it.
- Use at an overdose prevention or supervised consumption site if one is near you.

Know the signs of overdose and how to respond

- Recognize the signs of an OD: slow or no breathing, gurgling or gasping, lips/fingertips turning blue, difficult to rouse (awaken), non-responsive.
- Call 9-1-1 immediately. **It is still okay (and important) to use emergency services during this time.**
- Give naloxone (Narcan) if you have it, open airway and give rescue breaths.

Naloxone Kits and Training available at:

ASK Wellness
Interior Health MHSU (Lansdowne)
Interior Health Public Health (Columbia)
Various other locations – see the site finder:
<https://towardtheheart.com/site-finder>

Overdose Prevention/Supervised Consumption Sites:

ASK Wellness OPS, 433 Tranquille Rd
- Mon – Fri 8:30 to 4pm (closed 12-1pm)
Interior Health SCS
- 569 Seymour St (Crossroads Parking lot)
Mon – Fri 10am -6pm

Drug Checking Services:

ASK Wellness FTIR Drug Checking & Take Home Fentanyl Test Strips @ 433 Tranquille Rd (ASK Wellness)
- In person: 2-6pm Wednesday's
- Drop in: text 250-299-7219 1-4pm Mon/Thurs
- Drop off Mon-Fri 8:30-4:30 and receive results same day.
Instructions for sample drop off provided on site