



## REMAINS IN CIRCULATION

Yellow substance sold as down contaminated with a toxic combination of benzodiazepines and fentanyl. Substance tested at ANKORS

Nelson, BC

June 26, 2020

**Drug checking is continuing to identify yellow substance contaminated with a toxic combination of benzodiazepine and fentanyl. People continue to report passing out for an extended periods of time after using. Substance tested at ANKORS**

### For your safety:


- Buddy up when you are using, stay 2 meters (6 ft) from your buddy to remain physically distanced, but remember **using with a buddy is safer than using alone!**
- Use at an overdose prevention or supervised consumption site if one is near you.
- **Get your drugs checked** – see service information below.
- Avoid using different drugs at the same time or using drugs and alcohol together.
- Don't use alone. Leave door unlocked. Tell someone to check on you.
- If you feel you must use while alone, consider using the [Lifeguard app](#) which can connect you with emergency medical dispatchers in the event of an overdose. Download at the [App Store](#) or [Google Play](#).
- Test by using a small amount, then go slow.
- Carry a Naloxone kit and know how to use it.
- Talk to your health care provider about accessing a safe supply – for more info: <https://www.bccsu.ca/wp-content/uploads/2020/04/Poster-Information-for-PWUD.pdf>

### Know the signs of overdose and how to respond:

- Recognize the signs of an OD: slow or no breathing, gurgling or gasping, lips/fingertips turning blue, difficult to rouse (awaken), non-responsive.
- Call 9-1-1 immediately. **It is still safe (and important) to use emergency services during the COVID -19 pandemic**
- Give naloxone (Narcan) if you have it, open airway and give rescue breaths.

**Naloxone Kits and Training available at:**  
ANKORS  
Interior Health Public Health & MHSU  
<https://towardtheheart.com/site-finder>

**Overdose Prevention:**  
ANKORS 101 Baker Street  
Hours: Mon – Thurs 9:30 – 4:30  
(Closed Mon Feb 17 Family Day)  
**FTIR Drug Checking Service:** ANKORS 101  
Baker Street Hours: Mon – Thurs 9:30 – 4:30

 ALERT IN EFFECT UNTIL: JULY 2, 2020 PLEASE REMOVE AFTER THIS DATE.