



OVERDOSE ALERT



INCREASE IN OVERDOSE ACTIVITY - MAY INVOLVE USE OF DARK PINK/PURPLE SUBSTANCE

PENTICTON & SOUTH OKANAGAN

NOVEMBER 4, 2020

There has been a large increase in 911 calls for ingestion poisoning (which includes overdose events) in the South Okanagan – mostly in Penticton – but also some overdose activity in the Oliver/Osoyoos area. Reports from the community indicate a dark pink/purple substance sold as “down” maybe involved.

For your safety:

- Avoid using different drugs at the same time or using drugs and alcohol together.
- **Get your drugs checked** – see service information below.
- Don't use alone. Leave door unlocked. Tell someone to check on you.
- If you feel you must use while alone, consider using the [Lifeguard app](#) which can connect you with 911 emergency responders in the event of an overdose. Download at the [App Store](#) or [Google Play](#).
- Test by using a small amount, then go slow.
- Carry a Naloxone kit and know how to use it.
- Use at an overdose prevention or supervised consumption site if one is near you.

Know the signs of overdose and how to respond

- Recognize the signs of an OD: slow or no breathing, gurgling or gasping, lips/fingertips turning blue, difficult to rouse (awaken), non-responsive.
- Call 9-1-1 immediately
- Open airway and give rescue breaths
- Give naloxone (Narcan) if you have it.

Naloxone Kits and Training available at:

SOWINS Mobile
One Sky Community Resources
Martin Street Outreach Primary Care Clinic
Pathways Addictions Resource Society
IH Mental Health and Substance Use/Public Health offices
Several pharmacies
<https://towardtheheart.com/site-finder>

Overdose Prevention/Supervised Consumption Sites/Drug checking

SOWINS Mobile (drug checking)
Pathways Addictions Resource Society (drug checking)
Burdock House and Compass Court/House (residents only)
<https://drugchecking.ca/>



ALERT IN EFFECT UNTIL: NOVEMBER 11, 2020 - PLEASE REMOVE AFTER THIS DATE.