

**For Immediate Release | January 13, 2021**

## **COVID-19 outbreak declared at Cariboo Memorial Hospital**

Williams Lake – Interior Health (IH) has declared a COVID-19 outbreak at Cariboo Memorial Hospital.

There is no evidence of patient exposure related to this outbreak, however, four staff members have tested positive for COVID-19.

Interior Health would like to assure the community that it is safe to come to the hospital when medical care is needed. A team including infection control practitioners, microbiologists, medical health officers and communicable disease specialists are overseeing the site to ensure all safety protocols are in place.

Contact tracing on confirmed cases is ongoing. All cases and direct contacts are self-isolating.

We are grateful to community leaders for their support and remind everyone not to stigmatize or judge others who seek testing or test positive for COVID-19. This virus is circulating in every community.

Everyone in all communities should remain vigilant in following COVID-19 precautions:

- Keep to your household bubbles and avoid social gatherings.
- Avoid non-essential travel
- Stay home when you are sick and get tested if you have any symptoms consistent with COVID-19.
- Practise physical distancing
- Wear mask
- Wash your hands often.

### Booking a COVID-19 test:

Online: You can book an appointment online through the COVID-19 Test Booking Form:

<https://interiorhealthcovid.secureform.ca/index.php>

By phone: Call the COVID-19 Test Booking Line at 1-877-740-7747 for assistance with booking your test.

Interior Health has frequently updated COVID-19 information on our public website

[www.interiorhealth.ca](http://www.interiorhealth.ca)