For Immediate Release | February 1, 2021

Interior Health declares outbreak at Westsyde Care Residences in Kamloops

KAMLOOPS – Interior Health has declared a COVID-19 outbreak at Westsyde Care Residences group home.

Nine residents and three staff members have tested positive for COVID-19. All individuals in close contact with these individuals are in self-isolation and monitoring for symptoms.

Westsyde Care Residences is a privately operated group home for people with brain and spinal cord injuries with several of the 21 beds publicly funded for IH clients.

IH communicable disease specialists and a clinical operations team will continue to monitor the situation. Additional infection control and preventive measures have been implemented and IH is providing other resources as required to stop the transmission of the virus.

To protect the safety of all residents, outbreak protocols are in place, including a pause in all visits at this site.

Everyone in all communities should remain vigilant in following COVID-19 precautions:

- Keep to your household bubbles and avoid social gatherings.
- Stay home when you are sick and get tested if you have any symptoms consistent with COVID-19.
- Practise physical distancing and use a mask if you cannot.
- Wash your hands often.
- Avoid non-essential travel.

Booking a COVID-19 test:

*Online:* You can book an appointment online through the COVID-19 Test Booking Form: [https://interiorhealthcovid.secureform.ca/index.php](https://interiorhealthcovid.secureform.ca/index.php)

*By phone:* Call the COVID-19 Test Booking Line at 1-877-740-7747 for assistance with booking your test.

Interior Health has frequently updated COVID-19 information on our public website [www.interiorhealth.ca](http://www.interiorhealth.ca)