

For Immediate Release | March 30, 2017

## MyHealthPortal coming to Kootenay communities

A new tool allowing patients to access their personal health information online is coming to the Kootenays.

MyHealthPortal provides patients 24-hour access to their health information via their smart phone, tablet or computer through a secure portal from the Interior Health website. Features include the ability to view their Interior Health lab results, diagnostic imaging reports (such as X-rays, scans and ultrasound), certain upcoming appointments, recent hospital visit history, and the opportunity to update address and phone number information.

To sign up, patients must present to the project team in person with legal photo identification and their Care Card or B.C. Services Card in order to verify their identity. They will be given a login username and password that they will be able to use on their own device—home computer, tablet or smart phone. Then they simply go to the MyHealthPortal page on Interior Health's web site at [www.interiorhealth.ca/MyHealthPortal](http://www.interiorhealth.ca/MyHealthPortal) to login.

### Enrolment Schedule:

- Teams will be on site enrolling patients at hospitals in Castlegar, Nelson and Grand Forks April 25 – 28 (Tuesday – Thursday 8:30 a.m. – 3:30 p.m.; Friday 8:30 a.m. – noon).
- Teams will be enrolling patients at the New Denver Slocan Community Health Centre and the Arrow Lakes Hospital in Nakusp, May 2-4, 8:30 a.m. – 3:30 p.m.
- Enrolment will be offered at the Victorian Community Health Centre in Kaslo May 9 – 11 from 8:30 a.m. – 3:30 p.m.
- A team will be in Trail at the Kootenay Boundary Regional Hospital May 16 – 19 Tuesday to Friday, and May 23 – 25 Tuesday to Thursday, from 8:30 a.m. to 3:30 p.m.

For those unable to attend in person during this enrolment period, remote enrolment will also be available after:

- April 25 in Castlegar, Nelson and Grand Forks;
- May 2 in Nakusp and New Denver;
- May 9 in Kaslo; and
- May 16 in Trail.

To enrol remotely, patients must show their identification at the Registration desk and ask to have their email address added to their patient record. They can then submit an enrolment request at [www.interiorhealth.ca/MyHealthPortal](http://www.interiorhealth.ca/MyHealthPortal). MyHealthPortal support will contact them by phone to complete the secure enrolment process.

Teams will be traveling to East Kootenay communities throughout June and July. The Kootenay region is the latest to be offered access to the online tool following enrolment in the Shuswap, Thompson, Nicola,

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Cariboo and Okanagan areas. The service will eventually be available to all Interior Health hospital patients through a phased roll-out schedule. To date, more than 10,000 patients have enrolled.

MyHealthPortal is a secure patient health portal. Protecting and safeguarding patients' personal information is among Interior Health's highest priorities. In addition to stringent privacy practices, Interior Health uses a diverse range of technologies and security mechanisms to ensure the safety, confidentiality, and integrity of patient information.

For more information visit [www.interiorhealth.ca/MyHealthPortal](http://www.interiorhealth.ca/MyHealthPortal).

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