

For Immediate Release | Sept. 14, 2018

Kelowna Adult Day Services moving to new improved location

KELOWNA – Effective Saturday, Sept. 15, Adult Day Services at the Apple Valley site in Kelowna is moving from its current location at 2055 Benvoulin Ct., to the nearby 2075 Benvoulin Ct. (behind Orchard Park Mall).

The hours, care and activities will remain the same, with added benefits of:

- A new bathing program as the space includes a walk-in shower;
- Enhanced safety and convenience as the new space has its own entrance and washrooms;
- Convenient parking;
- Attached kitchen/dining area for improved meal service.

“Adult Day Services are an important part of our seniors’ care strategy – they are key in supporting seniors to remain independent as long as possible,” says Interior Health Board Chair Doug Cochrane. “We are looking forward to inviting clients into the new, enhanced location this week.”

Adult Day Services at the Apple Valley site are open Monday to Friday, from 9:30 a.m. – 3 p.m. The service is much appreciated by clients like 96-year-old Margaret Steffenson, who says the service is “As good as it gets!” Or Albert Goward, who says “Thursday to next Tuesday is such a long wait. I miss everyone when I’m not here. I am not sure what I would do without the program.”

“I like the trivia and the music – live and with the group. It also gets me out of the house and gives my wife a break,” says Peter Baigent.

Adult Day Services are offered as a part of Home and Community Care programming. These programs are designed to be culturally and age-appropriate, and help individuals remain at home while supporting caregivers by providing a range of health, personal, social, and recreational services in a safe and caring environment.

Programs vary across Interior Health depending on location, but can include health care, such as monitoring and medication assistance; help with personal care, such as bathing; health education; and therapeutic social and recreational programs.

For more information, call Home and Community Care at (250) 980-1400 or visit [www.interiorhealth.ca>your care>home and community care](http://www.interiorhealth.ca>your_care>home_and_community_care).