

ADDICTIONS DAY TREATMENT PROGRAM

Is substance an issue in your life?

Join us for an intensive look at substance use

This program is accessible and in your community

Plan to attend around work and family obligations

Build your skills in boundaries, family dynamics, stress management, anger management, relapse prevention, communication skills and more



Offered in a safe, substance free environment

Tailored to your individual treatment goals

Where: See schedule on website

Cost: Free

To Register: Trail Mental Health and Substance Use (250)364-6262 or Susan at the Addictions Day Treatment Program (250) 304-1215