Information For Family and Friends

• Visiting hours are from 2:00 pm to 8:00 pm daily.

• For patients comfort, keep visits short and no more than two visitors at a time.

• Visitors should be free of the flu, cold, or cough.

• Visitors parking is available in the pay parking area.

• No smoking is allowed in hospital, or on hospital property.

Please Note
Ask friends inquiring about your condition to contact a family member, rather than the hospital.

Please Note
There may be times when an unplanned emergency occurs. This may result in your surgery being postponed and rebooked for a later date.
Prior to Surgery, you must organize:

- transportation to and from the hospital
- a caregiver, if necessary
- an interpreter, if needed
- equipment which may be required after surgery (i.e. crutches, walker, etc.)
- a family member or friend to assist with meals, housekeeping and personal care once you are at home, if necessary

Notify your surgeon’s office if you develop a fever, cold or illness prior to your surgery.

The Day Before Surgery

Call the hospital at 558-1378 between 12:00 and 2:00 pm for time of admission.

Please be on Time

There are forms to be completed, and sometimes other preparations to be made. Occasionally, your operation may be a bit later than anticipated. At other times it may be earlier.

On the evening prior to surgery, patients must not smoke or eat after midnight. (Including, chewing gum and candy)

Patients, including children over 12 months, are allowed only 8 ounces of one of the following: water, apple juice, black tea or black coffee up to four hours before surgery. No creamers or milk. If these instructions are not followed, your surgery will be cancelled.

Breast fed or formula fed infants (up to 12 months of age) may feed six hours before surgery.

The Morning of Surgery

- Have a bath or shower. Remove all jewellery and piercings and leave it at home. Remove all make-up and nail polish.
- Do not bring credit cards or more than $20.00 cash to the hospital.

Bring

- only insulin and inhalers
- housecoat, slippers, walking shoes and toilet articles

If you have any further questions you may contact a pre-surgical screening nurse @ 558-1200 local 1333 or 1255

Your Operation

Specific instructions for your surgery.

Preparation: __________________________________________

_____________________________________________________

Medication: __________________________________________

_____________________________________________________

Note:
It is hospital policy that patients be discharged by 11:00 am