The objective of the Heart Function Clinic is to provide optimal Heart Failure medical care, education and self management support for people living with heart failure.

The goal is to support those individuals to better manage their condition and make healthy lifestyle changes to improve their overall health status so they may enjoy a better quality of life.

Central Okanagan Heart Function Clinic

Capri Community Health Centre
118-1835 Gordon Drive
Kelowna, BC V1Y 3H4
Tel: 250-980-1456
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What is the Central Okanagan Heart Function Clinic (HFC)?

The Central Okanagan Heart Function Clinic is a cardiologist-directed, nurse-managed outpatient clinic available to support persons diagnosed with Heart Failure to better manage their condition.

The clinic is operated in Kelowna by the Interior Health Authority (IHA) with support from the Central Okanagan Association for Cardiac Health (C.O.A.C.H.)

What is Heart Failure?

Heart Failure (HF) is a common medical condition affecting more than 800,000 Canadians. HF usually develops gradually. It is a condition in which the heart does not pump as strongly as it should. The body does not get the right amount of blood and oxygen it needs to work properly. The weakened pumping action can cause a back-up of fluid (congestion) in the lungs and other parts of the body, leading to what is otherwise known as congestive heart failure (CHF).

What Services Are Available?

⇒ In-depth medical & nursing assessment
⇒ Medication review, titration & monitoring
⇒ Clinical nursing and dietitian counseling and self-management support education (offered in group or individual setting)
⇒ Discussion & review of treatment options and end of life care planning.
⇒ RN facilitated group medical appointments for GP (family physician) practices can also be scheduled upon request

Who Should Attend the HFC?

Individuals with physician-diagnosed heart failure may access the clinic through a referral from their GP (family physician) or cardiologist (heart doctor).

Care is prioritized for those struggling with active symptoms related to their heart failure condition and/or a recent related ER visit or hospitalization.

Family members and other support persons are encouraged to attend with the client / patient.

Speak with your GP (family physician) or cardiologist to inquire if this would be a good service for you.

Referral forms are available upon request at the HFC office
Call (250) 980-1456

Completed forms should be faxed to:
(250) 980-1509