The Vascular Improvement Program (VIP) offers intensive cardiovascular risk management through a one year multidisciplinary program of education and intervention. Based on the successful Stanford Coronary Risk Intervention Project model, each patient may access a personalized gold-standard exercise program, comprehensive dietary counselling and risk reduction guidance and support. You decide if your patient also requires referral to the program specialist for cardiac diagnostics and specialized lipid and emerging risk factor assessment.

The VIP is ideally suited to the patient who requires primary or secondary cardiovascular disease management and who would benefit from lifestyle risk stratification and intervention. The VIP multidisciplinary team works with you to help your patients make the healthy changes needed to live longer and healthier lives.
Refer your patients to the VIP and share in the success of a proven cardiovascular risk reduction program.

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