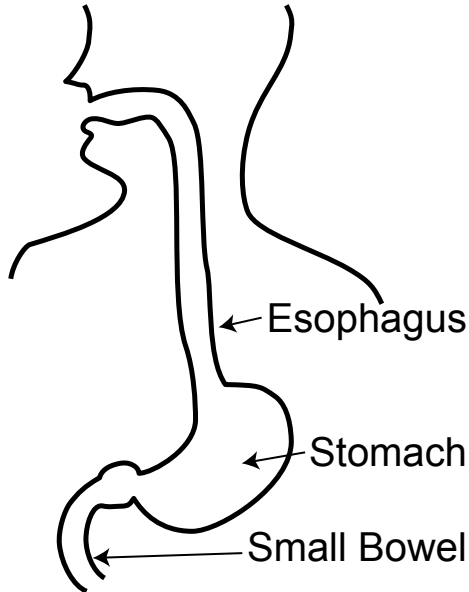


**GASTROSCOPY  
DISCHARGE INFORMATION**

Date: \_\_\_\_\_ Surgeon / Gastroenterologist: \_\_\_\_\_ Phone: \_\_\_\_\_



**YOUR INITIAL RESULTS ARE:**

- Normal examination
- Biopsies taken: \_\_\_\_\_
- Therapy applied (banding, dilation): \_\_\_\_\_
- Other findings: \_\_\_\_\_

**FOLLOW-UP:**

A full report of your gastroscopy will be sent to your family physician.

- No follow-up appointment with your surgeon / gastroenterologist is required.
  - Call your  surgeon  gastroenterologist  family doctor for a follow-up appointment in \_\_\_\_\_ weeks.
  - Other \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

# Gastrosocopy Discharge Information

*Patient Information*  
www.interiorhealth.ca

## **NOTE: YOU HAVE RECEIVED INTRAVENOUS SEDATION.**

This means that you are considered legally impaired. **DO NOT** drive, operate heavy equipment, sign legal or financial papers, or drink alcohol until 24 hours after your procedure.

## **After Your Gastrosocopy:**

### **It is normal to:**

- Feel drowsy or light-headed from the sedation medication
- Have a feeling of fullness or experience belching due to an injection of air into the stomach during the procedure. Periods of activity (e.g. walking) may help to relieve gas discomfort.
- Have a mild sore throat, slight hoarseness, or a dry cough for up to 2 days. Use lozenges or gargle with warm salt water to soothe.
- Have some redness, pain, or swelling at the site where the sedation medication was

injected into your vein. A warm facecloth placed over the site may help to relieve any pain, swelling and/or discomfort.

### **You should:**

- Rest for the remainder of the day
- Resume your normal diet and fluid intake
- Resume your regular medications, unless specified otherwise by your doctor.

## **NOTIFY YOUR DOCTOR IF YOU EXPERIENCE ANY OF THE FOLLOWING:**

- Increasing or unrelieved (severe) abdominal pain
- Flu-like symptoms (vomiting, fever, or chills)
- Difficulty breathing

***If outside of office hours, go to the nearest Emergency Department for assessment and treatment.***

## **FOR GENERAL QUESTIONS OR CONCERNS CALL:**

**Healthlink BC: 811**

**Hearing Impaired:  
1-866-889-4700**

**Contact your physician**

## **FOR EMERGENCY CONCERNS:**

**Call 911 or go to the nearest Emergency Department.**

## **PATIENT SATISFACTION SURVEY**

Please complete our online survey to help us improve our services:

<https://form.simplesurvey.com/f/1/IH-Endoscopy-Patient-Survey>

**Thank you!**



Interior Health

**Healthlink BC**

**Dial 8-1-1**

**Hearing Impaired Dial 7-1-1**

**Talk to a Nurse 24 hours/day, 7 days/week**

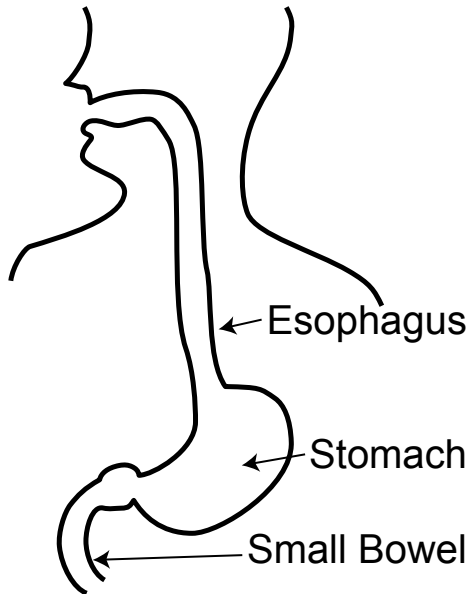
**Pharmacist available between 5 p.m. - 9 a.m. daily**

**Dietitian between 9 a.m. - 5 p.m. - Monday to Friday**

**www.healthlinkbc.ca**

**GASTROSCOPY  
DISCHARGE INFORMATION**

Date: \_\_\_\_\_ Surgeon / Gastroenterologist: \_\_\_\_\_ Phone: \_\_\_\_\_



**YOUR INITIAL RESULTS ARE:**

- Normal examination
- Biopsies taken: \_\_\_\_\_
- Therapy applied (banding, dilation): \_\_\_\_\_
- Other findings: \_\_\_\_\_

**FOLLOW-UP:**

A full report of your gastroscopy will be sent to your family physician.

- No follow-up appointment with your surgeon / gastroenterologist is required.
  - Call your  surgeon  gastroenterologist  family doctor for a follow-up appointment in \_\_\_\_\_ weeks.
  - Other \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_