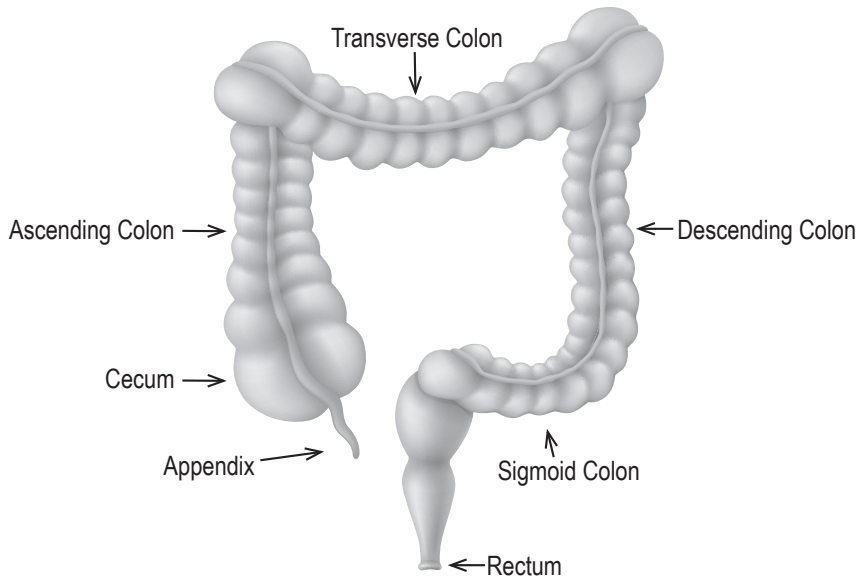


SIGMOIDOSCOPY DISCHARGE INFORMATION

Date: _____ Surgeon/Gastroenterologist: _____ Phone: _____



YOUR INITIAL RESULTS ARE:

- Normal examination
- Specimens Pending: Polyps _____ Biopsy(ies) _____
- Other Findings _____

FOLLOW-UP:

- No follow-up appointment with your surgeon/gastroenterologist is required.
- Call your surgeon gastroenterologist family doctor for a follow-up appointment in _____ weeks.
- Other _____

A full report of your sigmoidoscopy will be sent to your family physician.

PATIENT SATISFACTION SURVEY:

Please complete our online survey to help us improve our services.
<https://questionnaire.simplesurvey.com/s/IH-Endoscopy-Patient-Survey>

Sigmoidoscopy Discharge Information

Patient Information
www.interiorhealth.ca

After Your Sigmoidoscopy:

It is normal to:

- have mild cramps, bloating, or gas due to the air put into your bowel during the test. Increasing your movements, such as walking, may help to expel this air.
- have a small amount of blood with your next 1–2 bowel movements; especially if polyps or a small tissue biopsy were removed

You should:

- rest for the remainder of the day
- resume your normal diet and fluid intake
- resume your medications, unless told otherwise by your doctor.

NOTIFY YOUR DOCTOR IF YOU HAVE ANY OF THE FOLLOWING:

- Increasing or unrelieved (severe) abdominal pain
- Flu-like symptoms (vomiting, fever, or chills)
- Passing of blood (more than $\frac{1}{3}$ cup or large clots) with bowel movements

If outside of office hours, go to the nearest Emergency Department for assessment and treatment.

FOR GENERAL QUESTIONS OR CONCERNS CALL:

Healthlink BC: 811

**Hearing Impaired:
1-866-889-4700**

Contact your physician

FOR EMERGENCY CONCERNS:

Call 911 or go to the nearest Emergency Department.

PATIENT SATISFACTION SURVEY

Please complete our online survey to help us improve our services: <https://form.simplesurvey.com/f/1/IH-Endoscopy-Patient-Survey>

Thank you!



Interior Health

Healthlink BC

Dial 8-1-1

Hearing Impaired Dial 7-1-1

Talk to a Nurse 24 hours/day, 7 days/week

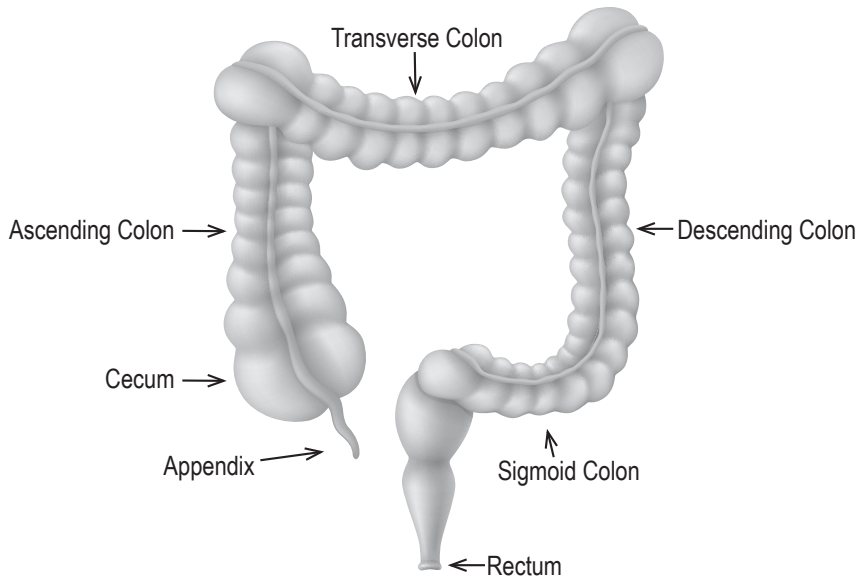
Pharmacist available between 5 p.m. - 9 a.m. daily

Dietitian between 9 a.m. - 5 p.m. - Monday to Friday

www.healthlinkbc.ca

**SIGMOIDOSCOPY
DISCHARGE INFORMATION**

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