



Substance Use Fact Sheet

OPIOID AGONIST TREATMENT

This Fact Sheet is a compilation of trustworthy resources to support your learning about Opioid Agonist Treatment.

OPIOID AGONIST TREATMENT

Opioid Agonist Treatment (OAT) is the recommended treatment of Opioid Use Disorder (OUD). OAT involves the use of a medication that is prescribed and monitored by a health care provider. The primary medications used are Suboxone and Methadone.

Click on the links below for more information.

For more Substance Use Fact Sheets click [here](#).



Patient Information	Health Professional Information
<p>Opioid Agonist Treatment (OAT) What is OAT & how does it work? (<i>Interior Health</i>)</p>	<p>OAT Clinical Resource Guide A compilation of resources for clinicians</p>
<p>OAT Clinics & Providers Find an OAT clinic or provider in the Interior Health Region</p>	<p>Guideline for the Clinical Management of Opioid Use Disorder Provincial Guideline</p>
<p>OAT Clinic Accessibility in Aboriginal Communities (map) Locate an OAT clinic in or near your Aboriginal Community</p>	<p>Treatment of Opioid Use Disorder For Youth Guideline Supplement</p>
<p>OAT Information for Clients What is OAT & how does it work? (<i>CAMH</i>)</p>	<p>Treatment of Opioid Use Disorder During Pregnancy Guideline Supplement</p>
<p>Methadone Maintenance Medication Information</p>	<p>Mothering and Opioids Toolkit Addressing Stigma - Acting Collaboratively</p>
<p>Suboxone® Maintenance Medication Information</p>	<p>Guidelines on Opioid Use Disorder Among Older Adults Canadian Guideline</p>
<p>OAT Clinic Services OAT Frequently Asked Questions (<i>FNHA</i>)</p>	<p>Opioid Use Disorder in Primary Care Guideline for the Diagnosis & Management of OUD in Primary Care</p>
<p>First Nations Virtual Substance Use and Psychiatry Services Addiction medicine & psychiatry for Indigenous people</p>	<p>Addiction Medicine Clinician Support Line Connect with an Addiction Medicine Specialist (<i>BCCSU</i>)</p>
Lived Experience with OAT	
<p>Understanding Opioid Substitution Treatment A handbook written by patients for patients</p>	<p>BC Association of People on Methadone A Peer run group of people share their OAT experiences</p>
<p>Opioids - A Survivor's Guide Meds & Treatment broken down by the people who've lived them</p>	<p>Suboxone® Stories - Part 1 Two clients share their early journeys with OAT (<i>FNHA</i>)</p>
<p>Gone Too Soon Navigating the grief and loss as a result of substance use</p>	<p>Suboxone® Stories - Part 2 Two clients open up about the emotional challenges of OAT (<i>FNHA</i>)</p>
<p>Coping Kit - From Grief to Action Dealing with Addiction in Your Family</p>	
Free Online Education	
<p>Interior Health Substance Use Foundations Follow the PHSA Learning Hub User Guide to access modules <i>Education for Everyone</i></p>	<p>Provincial Opioid Addiction Treatment Support Program UBC offers free OAT & Substance Use Online Education <i>Education for Health Professionals</i></p>
<p>Harm Reduction 101 Understanding harm reduction principles & practice <i>Education for Everyone</i></p>	<p>Addictions Care and Treatment Online Certificate Free online certificate course on substance use disorders (<i>BCCSU</i>) <i>Education for Health Professionals</i></p>

~ Coverage for OAT medication is available ~

[PharmaCare for BC Residents](#) is British Columbia's income-based health & drug coverage plan. Income Assistance Recipients ([Plan C](#)), Psychiatric Medications ([Plan G](#)) and First Nations Residents ([Plan W](#))

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