



Substance Use Services for YOUTH in Interior Health

We strive to ensure our services are welcoming of all peoples, gender identities, cultures, ethnicities and backgrounds.

Click on a link below for a description of that service and to find a Mental Health & Substance Use Centre near you.

Please note that the [Ministry of Children & Family Development](#) (MCFD) provides the majority of child & youth mental health services.

Interior Health and our partner agencies provide the following substance use services for youth under 19 years of age (age range is flexible depending on client needs). **Not all services are available in all centres.**

Call 310-MHSU (6478)

or Click here to connect to Interior Health's "Access Services" program for entry or referral to a substance use service that best meet your needs.

Our services are Person Centered, Recovery Oriented, Trauma Informed, Culturally Safe and based on Harm Reduction Principles.

Prevention / Early Intervention

Help Lines

Kid's Help Line

Online Chat for Youth

Indigenous Youth Help Line

Virtual Foundry

Public Health Services for Teens

Online Resources

Kelty Mental Health Resource Centre

Substance Use Resources

Bounce Back

School Based

PreVenture

School Based / Youth Outreach Services

Click here for Interior Health's Mental Health Services

Outpatient Treatment Services

Substance Use Counselling & Treatment Services

Youth Intensive Case Management

Opioid Agonist Treatment

Low Barrier Services

Moderate to High Intensity Services

Long Term Recovery Support

Low Barrier Services

Substance Use Outreach Services

Overdose Prevention Services

Overdose Prevention / Supervised Consumption Sites

Crisis & Hospital Services

Crisis Response

Substance Use Connections

Addiction Medicine Consultation Services

RCMP Partnership Teams

Aboriginal Patient Navigator Services (APN)

Substance Use Beds

Facility Based Withdrawal Management Services

Facility Based Youth Treatment Beds



Substance Use Services | Mental Health & Substance Use Network

Developed by: Sheri Keetch, Project Support Coordinator | Endorsed by: Corinne Dolman, Director | Developed: 03/11/20 | Revised: 12/03/21

www.interiorhealth.ca > Your Care > Mental Health & Substance Use > Substance Use Services

