Substance Use Services in Interior Health

Interior Health and our partner agencies provide a range of substance use services for all ages. We strive to ensure our services are welcoming of all peoples, gender identities, cultures, ethnicities and backgrounds.

Connect to our “Access Services” program for entry into a substance use service that best meets your needs.
Our services are Person Centered, Recovery Oriented, Trauma Informed, Culturally Safe and based on Harm Reduction Principles.
Not all services are available in all centres

Low Barrier Services
Low threshold services intended to meet people where they are at and offer multiple entry points into appropriate services as they are ready.

Substance Use Outreach Services
Street outreach and outreach within facilities through text, telephone & face-to-face contact. Service links people with substance use concerns to treatment & support systems in the community. Service is available for both adults and youth.

Overdose Prevention Services
These services focus on reducing the risks associated with substance use & connecting individuals to other treatment services. Service includes safer injection education, distribution of harm reduction supplies, Take Home Naloxone kits & training and drug checking. Minor nursing care is available in some areas.

Overdose Prevention / Supervised Consumption Sites
These sites are physical locations that offer Overdose Prevention Services plus supervised consumption of a substance a person brings with them to the site and overdose emergency response.

Prevention / Early Intervention Services available to people who are at risk of or show signs of substance misuse or a mild substance use disorder.

Substance Use Resources
Contains links to a wide variety of online substance use resources.

Interior Crisis Line Network
Trained volunteers provide toll-free telephone support and crisis intervention counselling, 24/7.

Preventre
A school-based substance use prevention program using brief personally-targeted interventions with youth 13-15 years of age.

School Based / Youth Outreach Services
Substance Use counsellors provide services in select high schools and communities to youth who are experiencing substance use.

Withdrawal Management Services Services provide support through acute stages of withdrawal from alcohol or other drugs. This service is not generally recommended for Opioid Use Disorder (OUD).

Facility Based Withdrawal Management Services
Medically supported services in an inpatient setting are available in Kelowna, Kamloops, Williams Lake and Castlegar. Facility-based withdrawal management services for youth are available in Kelowna, Kamloops and Cranbrook.

Home Based Withdrawal Management Services
Services provided on an outpatient basis with access to medical support as required (available in some communities). Service is available for both adults and youth.

Outpatient Treatment Services
Community based individual and group counselling, case management, support and/or day treatment programs.

Substance Use Counselling & Treatment Services
Group & Individual counselling for people with moderate to severe substance use concerns, includes assessment & intervention, medical & psychiatric consultation, education & self-management support, referrals and outreach. Service is available for both adults and youth.

Substance Use Day Treatment
A structured group-based substance use treatment & support service for individuals. Services may include Counselling & Treatment Services plus coping & self-care skills, social connections and tools to sustain a healthy & balanced lifestyle.

Intensive Case Management
Team-based care coordination for people with severe mental health and/or substance use concerns. Services may include Counselling & Treatment Services plus housing assistance, primary care & outreach. Youth service is available in Kamloops and Kelowna only.

Opioid Agonist Treatment (OAT)
A treatment that uses prescribed medications to treat people with opioid use disorders. These medications provide stable, long acting relief from withdrawal and cravings and can improve health outcomes. The primary medications used are Buprenorphine / Naloxone (Suboxone®) and Methadone.

Crisis & Hospital Services Services provide intervention for people experiencing an acute substance use crisis. The primary focus is to engage with and link clients to service.

Crisis Response
Specialized team who respond to hospital (acute care and emergency departments) and community locations to provide urgent assessment, intervention and referral.

Substance Use Connections
This team supports people who use substances in both hospital and community settings. This priority response is dedicated to patients who present with / or are at risk of overdose.

Addiction Medicine Consultation Services
A physician with a specialty in addiction medicine is part of the health care team and guides evidence based treatments for people with substance use disorders while they are in emergency departments or hospital.

RCMP Partnership Teams
These teams, consisting of an MHSS15 clinician and RCMP officer, respond to mental health and substance use emergencies in the community. Service is available in Kamloops and Kelowna only.

Aboriginal Patient Navigator Services (APN)
The goal of an Aboriginal Patient Navigator is to help make a patient’s care and journey to wellness safe, comfortable, less confusing, less stressful, culturally safe and inclusive.

Facility Based Treatment Services
A structured, live-in program for people with substance use disorders. A person’s treatment goals are supported through assessment, individualized evidence-based treatments and skill building.

Adult Treatment Beds
Beds that are funded by the Health Authority are available to all Interior Health residents. Bridgeway: Intensive Live-In Treatment and Round Lake Treatment Centre are located within the Interior Health region. Other Health Authority funded Treatment beds located outside of the IH region that IH resident can access include Burnaby Centre for Mental Health and Addiction, Phoenix Centre, Heartwood Centre for Women and Cedars at Cobble Hill.

Youth Treatment Beds
Beds that are available to Interior Health youth include Ashnola at The Crossing (Keremeos) and Peak House (Vancouver).

Support Recovery Beds
Time-limited substance-free live-in settings provide a safe, supportive environment for people who are experiencing low to moderate substance use.

Health Authority Funded Beds
Beds are available to all Interior Health residents. These facilities are required to be registered as an Assisted Living Residence and are available in Cranbrook, Armstrong, William Lake, Nelson, Vernon, Kelowna, Kamloops and Merritt.

Bridgeway: Intensive Live-In Treatment
In program for people with substance use disorders who are at risk of overdose or show signs of substance misuse or a mild substance use disorder.

Beds that are funded by the Health Authority are available to all Interior Health residents. Bridgeway: Intensive Live-In Treatment and Round Lake Treatment Centre are located within the Interior Health region. Other Health Authority funded Treatment beds located outside of the IH region that IH resident can access include Burnaby Centre for Mental Health and Addiction, Phoenix Centre, Heartwood Centre for Women and Cedars at Cobble Hill.

Beds are available to Interior Health youth include Ashnola at The Crossing (Keremeos) and Peak House (Vancouver).

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