Advance Care Planning

As a capable adult, you talk over your beliefs, values and wishes for future health care with close family/friend(s). It is important to share your advance care plan with others involved in your care.

Goals of Care

You and the health care team talk to better understand what options are appropriate. A "plan of care" is developed based on your values and wishes, and your current health status.

MOST

Physician completes MOST; it is a medical order that tells physician(s) and other health-care providers what health care to provide in certain circumstances.

You are Responsible for this step

You and the Health-Care Team do this together

Your Physician is Responsible for this step

Your plan of care will be reviewed and updated if your current health status or your wishes change.

This is your choice. Refer to the "My Voice" guide for information on options on how to develop your advance care plan. (add link)

Your MOST will be reviewed at least once a year or as needed.