

IH Outpatient Laboratory TEMPORARY Hours - COVID-19
As of Sep 8, 2020



PLEASE NOTE!

The hours of outpatient Lab services have recently changed due to the COVID-19 pandemic situation

Please refer to the Site Specific information below.

Please call ahead to book an appointment in the laboratories highlighted, and where indicated ** lab will call to book an apt.

Site	Location	Contact Info	Regular Patient (without Symptoms) Hours:	Immunocompromised/At Risk Patient Hours:	Patient With Symptoms Hours:
East Shore Community HC	Crawford Bay	250-227-9006	8:30am-10:00am	7:30am-8:30am	10:00am-10:30am
Ashcroft Hospital & Community Health Centre	Ashcroft	250-453-2211	Appointments available: 8:30am-12:00pm Mon - Fri		
Arrow Lakes Hospital	Nakusp	250-265-3622	9:00am-12:30pm	8:00am-09:00am	12:00pm-12:30pm
Associate Medical Clinic Lab	Rossland	250-362-7307	Thursday 8:00-11:30am	Please refer to Trail Health Centre Clinic	
Alexis Creek Health Centre Collection site	Alexis Creek	250-394-4313	8:30am-4:00pm Tues/Thurs Triage upon entry	8:30am-4:00pm Tues/Thurs Triage upon entry	8:30am-4:00pm Tues/Thurs Triage upon entry
Barriere Health Centre	Barriere	250-672-9731	Appointments available: 8:30am - 3:00pm Monday to Friday		
Boundary Hospital	Grand Forks	Drs fax requisitions to 250-442-2104	Appointments available: 8:45AM - 1:30PM Monday to Friday **Laboratory staff will call to book appointments once Doctor office faxes requisition		
Chase Health Centre	Chase	250-679-1409	Appointments available: 8:30AM - 1:00PM Monday to Friday		
Castlegar & District Community Health Centre	Castlegar	Call to book an apt: 250-304-3415 Mon - Fri 09:00am - 1:00pm	Hours of service: Mon - Fri 8:00am - 4:00pm		
Clinton Health & Wellness Centre Collection Site	Clinton	250-459-2080	8:30am-12:00pm Wed/Th	8:30am-12:00pm Wed/Th	8:30am-12:00pm Wed/Th
Cariboo Memorial Hospital	Williams Lake	Call M-F between 11:00am-2:00pm to request an apt: 250-302-3215	Appointments available: 7:20am-4:40pm Mon - Fri, 7:20am-11:30am Saturday		
Creston Valley Hospital	Creston	250-428-3828	8:00am - 1:00pm (patients are triaged and screened upon arrival)		
Dr. Helmcken Memorial Hospital	Clearwater	250-674-2244	Appointments available: 8:00am - 10:30am Monday to Friday		
Enderby Community Health Centre	Enderby	Call M-F between 8:00am-4:00pm to request an apt: 250-558-1261	Appointments available: 8:00am-2:45pm Monday and 8:00am- 1:45pm Tuesday, Closed Wednesday, Thursday, Friday and Stat Holidays		
Edgewood Health Centre	Edgewood	250-269-7313	8:00am-9:30am Tues	8:00am-9:30am Tues	8:00am-9:30am Tues

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Elkford Health Centre	Elkford	250-865-2247 ext. 3 or front desk	Appointments are available M-F 11:00am-3:00pm	Appointments are available M-F 9:00-11:00am	Appointments are available M-F 11:00am-3:00pm
Elk Valley Hospital	Fernie	250-423-4453 ext 305	9:30am-4:00pm	7:30am-9:30am	
Golden & District Hospital	Golden	250-344-3040	8:00am-4:00pm	Please call ahead to make an appt	Please call ahead to make an appointment
Greenwood Collection Clinic	Greenwood	Drs fax requisitions to 250-442-2104	Dr office will fax requisition to lab; ** lab will contact patient to book appointments		
Invermere & District Hospital	Invermere	250-342-2321	8:00am-4:00pm Mon - Fri	Encourage immunocompromized patients to come in as early as possible.	
Kelowna General Hospital	Kelowna	Call to book an apt: 250-862-4300 ext 7569	9:00-4:30pm Mon - Fri 9:00am-12:00pm Sat - Sun	7:00-09:00am Mon - Fri 8:00am-12:00pm Sat - Sun	2:30-4:30pm Mon - Fri
Kootenay Lake Hospital	Nelson	Call M-F 11:00am-4:30pm to request an apt: 778-671-2701	Appointments are available: 8:00am - 4:30pm Monday to Friday		
Lillooet Hospital and Health Centre	Lillooet	250-256-1301	8:30am-3:30pm Mon - Thu, 8:30am-3:00pm Fri		
Logan Lake Health Centre	Logan Lake	Call M-F 8:00am-12:30pm to request an apt: 250-523-9414	Appointments are available: 8:15am - 1:00pm *Due to staffing shortages, appointments are only available 2 days a week. Alternative outpatient services are available in Interior Health facilities in both Mettitt and Kamloops.		
Midway Health Centre	Midway	Drs fax requisitions to 250-442-2104	Dr office will fax requisition to lab; ** lab will contact patient to book appointments		
Northhills Centre	Kamloops	250-312-3290	8:30am-3:00pm Mon-Fri	Please refer to Tudor Village Lab	3:00-4:00pm Mon -Fri
Nicola Valley Hospital & Health Centre	Merritt	Call M-F between 9:00am-1:00pm to request an apt: 250-378-3215	Appointments are available: 7:30am-2:00pm Mon-Fri Walk-ins are not accepted at this time. *If your physician is faxing a requisition to the lab, please allow 1 business day before you arrive for your appointment.		
100 Mile District General Hospital	100 Mile	250-395-7600	7:15am-9:00am Mon - Fri	9:00am - 5:00 pm	Appointment is booked and collected in "hot zone"
Princeton General Hospital	Princeton	Call M-F between 11:30am-2:00 to request an apt: 250-295-4458	Appointments are available: 7:30am - 1100am Monday to Friday		
Penticton Regional Hospital	Penticton	250-492-9022	9:30am-3:30pm	8:00-9:00am	4:00-5:00pm
Pleasant Valley Health Centre	Armstrong	Call M-F between 8:00am-4:00pm to request an apt: 250-558-1261	Appointments available: 7:30am - 2:45pm Monday, Wednesday, Friday AND 7:30am-1:45pm Tuesday, Thursday		
Queen Victoria Hospital	Revelstoke	250-837-2131 x 50262	8:30am-6:00pm	Encourage immunocompromized patients to come in as early as possible.	
Royal Inland Hospital	Kamloops	250-341-2689	9:00am-5:00pm Mon - Fri 10:00am-2:00pm Sat - Sun	7:00am-9:00am Mon - Fri 9:00am-10:00am Sat - Sun	Please refer to Northhills Centre Lab

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St. Bartholomew's Health Centre	Lytton	250-455-2221	9:00am-3:00pm Mon-Fri	9:00am-3:00pm Mon-Fri	9:00am-3:00pm Mon-Fri
Slocan Community Health Centre	New Denver	250-358-7117	9:00-11:00am	8:00-9:00am	11:00-11:30am
Summerland Health Centre	Summerland	250-407-8010	9:30am-3:00pm	8:00-9:00am	Available through Penticton Regional Hospital Outpatient Laboratory
Sicamous Collection Site	Sicamous	250-836-2817	8:00am- 1:30pmThursdays by appointment only	Please call ahead to make an appt	Please call ahead to make an appt
South Okanagan General Hospital	Oliver	Call M-F between 1:00-3:00pm to request an apt: 250-498-5018	Appointments available: 7:30am - 2:00pm Monday to Friday		
Shuswap Outpatient Laboratory	Salmon Arm	250-832-6643 ext. 4	Hours of Service - Monday - Friday 8:00am - 4:00pm Electronic Appointment Booking available: www.interiorhealth.ca/myhealthportal		
Sparwood Primary Health Care Centre	Sparwood	250-425-4534	10:30am-3:00pm	8:30-10:30am	
South Similkameen Health Centre	Keremeos	250-499-3005	Appointments available: 8:00am - 2:30pm Monday to Friday		
Salmo Health & Wellness Centre	Salmo	250-357-0104	9:15-11:30am Tuesday 8:00-10:00am Friday	Please refer to Trail Health Centre Clinic	Please refer to Trail Health Centre Clinic
Trail Health Centre Clinic	Trail	Call to book an apt: 250-368-8141 Mon - Fri 09:00am -1:00pm	Hours of service: Mon - Fri 8:00am - 4:00pm		
Tamarack Medical Lab	Cranbrook	250-426-3775	8:30am-4:30pm	7:30-08:30am	Patients are triaged upon arrival 8:30am-4:30pm
RIH – Tudor Village Laboratory	Kamloops	250-314-2351	9:00am-3:15pm	7:30-9:00am Mon - Fri	Please refer to Northhills Centre Lab
Vernon Downtown Lab (Sterling)	Vernon	Call M-F between 8:00am-4:00pm to request an apt: 250-558-1261	Appointments available: 7:30am - 3:00pm Monday to Friday		
Kaslo Primary HC (Victorian Com HC)	Kaslo	250-353-2291	8:30-11:00am Wednesday	7:30-8:30am Wednesday	Present to ER for instructions, do not come directly to lab
Vernon Jubilee Hospital	Vernon	Call M-F between 11:00am- 2:00pm to request an apt: 250-558-1261	Appointments available: 7:30am - 4:00pm Monday to Friday		
West Chilcotin Health Centre	Tatla Lake	250-476-1114	9:00am-2:00pm Tues/Thurs Triage upon entry	9:00am-2:00pm Tues/Thurs Triage upon entry	9:00am-2:00pm Tues/Thurs Triage upon entry