

Resources for Healthy Food Systems

General

[Healthy Built Environment Linkages Toolkit](#)

Key HBE factors that influence health with reliable summary of health evidence by Provincial Health Services Authority. See pages 40 to 48 for Food Systems.

[IH Nutrition webpage](#)

Promoting proper nutrition in the community and at the workplace.

[IH Food Security webpage](#)

Access to nutritious, safe, acceptable and culturally appropriate foods.

[Five Big Ideas for a Better Food System](#)

A proposal from Food Secure Canada for the national food policy.

[Ontario Food & Nutrition Strategy](#)

Discussion on the Ontario Food and Nutrition Strategy with evidence based rationale for 25 action areas proposed.

HBE Team:

Hours of operation: Monday to Friday 8:30 a.m. – 4:30 p.m.

Call us toll free: 1-855-744-6328 option 4

Note: Healthy Food Systems is not an area of expertise for the HBE Team; although we recognize the importance of these principles. You can still [Contact Us to Start a Conversation](#) about Healthy Food System topics so we can connect you with IH Public Health Dietitians who are the content experts.