



Okanagan (Syilx) area covers over **69,000** sq. kms. from north of Revelstoke to Kootenay Lake, south to Wilbur, WA and west to Nicola Valley.

www.syilx.org



Learning about the Syilx people, their history, and trauma endured through colonization helps us begin to understand important cultural and relational practices in working with and caring for our Aboriginal populations.



Paintings commemorate historic Aboriginal health-care agreement.

Note: This map has been adapted from the First Nations Peoples of British Columbia available at: <https://www.bced.gov.bc.ca/abed/map.htm>
It is intended to be used as a general reference that reflects the regional diversity of First Nations People served by the Interior Health. It is not intended to delineate territorial boundaries.

FIRST NATIONS of Interior Health



This is the first in a series of eight profiles of Aboriginal Nations within Interior Health. This month we feature the Syilx people.



 [Interactive link](#)



 **Cultural safety** refers to what is felt or experienced by a patient when a health-care provider communicates with the patient.



Okanagan Nation **Sockeye Fry Release**: restore and protect salmon fisheries. 