

Help your baby learn



Talk

Talk about what you and your baby are doing, such as dressing or bathing.



Read

Share picture books with your baby. Talk about what she is interested in.



Sing

Sing simple songs with actions, such as *Row, Row, Row Your Boat*. Help her copy your actions and sounds.



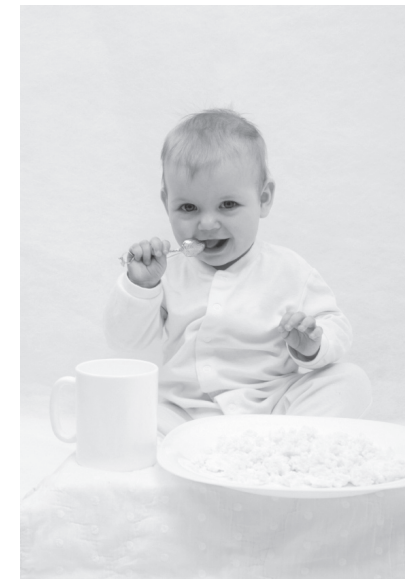
Play

Play people games, such as peek-a-boo and tickling.



Interior Health

Listen To Me Talk **By 12 Months**



Speech & Language Development

Adapted from Toronto Preschool Speech and Language Services' *Talking Matters: A guide to communicating with your child*.

By 12 months

Babies learn to communicate by listening to voices and sounds.

A baby soon learns to make sounds to tell you how she feels or what she wants.

Babies develop at their own rate. Some babies do things at a young age; some will take a little longer.

How your baby communicates

Understands

- understands simple phrases (*Come here, Don't touch*)
- understands *no*
- understands her name

Expresses

- imitates sounds you make (*uh-oh, whee*)
- tries to say sounds and words (*baba* for bottle, *doo* for juice)
- makes sounds while playing alone or with people
- tries to sing along with music

Your baby should have a speech & language check if...

- She does not make sounds or babble.
- She is not interested or aware of others.
- She does not try to show you things by looking or reaching.

See an audiologist for concerns with hearing.

Help your baby today

You and your baby can meet with a speech-language pathologist.

Call your local Health Unit.