

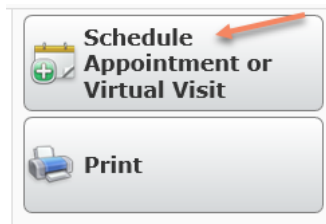
# How to Self-Schedule a Lab Visit in Interior Health

1. Sign in at <http://myhealthportal.interiorhealth.ca>
  - a. If you do not have an account, you can sign up either by: 1) visiting an Interior Health site in person and ask to have your email address added to your Electronic Medical Record (no appointment is necessary); or 2) by calling our toll free line and having a Virtual Zoom Portal Enrolment session. Valid government issued photo identification is required.

2. Click the **Appointments Tab**



3. Click **Schedule Appointment.**



4. Select the appropriate **type of Lab Appointment** (this may be found on your Lab Requisition. Please note: A Requisition is required to have any Lab work completed).

### Step 1: Select an appointment type.

- Blood Collection  
For non ECG appointments
- Blood Collection & ECG

5. Select the **lab location** you wish to visit.

Please note, as we roll self-scheduling out to more lab sites, these will become available.

### Step 3: Select an office location for your Blood Collection

Location (required)

Barriere Health Centre Lab  
Cranbrook EKH Laboratory  
Salmon Arm Shuswap Outpt Lab

6. Select your desired **date and time.**

**Step 5: Please select a date and time for your Blood Collection at SLH-Lab-Shuswap Outpat Lab**

August 2020							Available times for Wednesday, 5 August 2020				
S	M	T	W	T	F	S	8:00 am	8:10 am	8:20 am	8:30 am	8:40 am
26	27	28	29	30	31	1	8:50 am				
2	3	4	5	6	7	8					
9	10	11	12	13	14	15	9:00 am	9:10 am	9:20 am	9:30 am	9:40 am
16	17	18	19	20	21	22	9:50 am				
23	24	25	26	27	28	29					

7. If known, enter your **Reason for Visit**, and confirm your **phone number**. Click **Submit**.

**Schedule Appointment**

Request a new appointment by answering the questions below. For time sensitive appointments, please contact your provider's office directly by phone.

**Step 7: Confirm your appointment**

<b>Blood Collection</b> Wednesday, 5 August 2020 at 9:00 am  Salmon Arm Shuswap Outpat Lab	<p>What is the reason for your appointment?</p> <input type="text" value="Lab Test"/>
	<p>How should we contact you if there are any questions about your appointments?</p> <p><input checked="" type="radio"/> Primary Phone: 250-222-3333</p> <p><input type="radio"/> Other Phone: 250-909-1555</p> <p><input type="radio"/> Other</p> <input type="text"/>
<input type="button" value="Cancel"/>	<input type="button" value="Back"/> <input type="button" value="Submit"/>

8. Review any related **instructions and appointment details** at the completion of the booking.

<b>Blood Collection</b> Wednesday, 5 August 2020 at 9:00 am Salmon Arm Shuswap Outpat Lab #2, 2770 - 10th Ave NE Unit A Salmon Arm, BC V1E 4N6
<i>Duration</i> 10 minutes
<i>Reason For Visit</i> Lab Test
<i>Instructions</i> Note: The time stated for this appointment is displayed in the laboratory's local time zone

9. From the Appointments Tab, you can **view any upcoming appointments**.



## Wally Intrihep's Appointments

Your upcoming or pending appointments display on this page. Please Note: Not all Interior Health health-care appointments are booked in the electronic system that links to your MyHealthPortal account.

**! ATTENTION !**

\* Click on your appointment below to access additional instructions  
\* If you have received a NOTICE in the mail, you MUST review it for the LOCATION and TIME OF ARRIVAL to ensure your appointment is not cancelled. The time of arrival may differ from the time of the scheduled appointment as well.

\*If you have questions about your appointments, or need to reschedule please contact the hospital that booked the appointment for you. Contact Information for all locations can be found using the link on the Home page called Interior Health Home. [Learn More](#)

Date	Appointment	Location
Wed, 05 Aug 2020 9:00 am	Blood Collection	Salmon Arm Shuswap Outpt Lab

And on the home screen:

Upcoming Appointments		
Wed, 05 Aug 2020 9:00 am	Blood Collection	Salmon Arm Shuswap Outpt Lab
Thu, 06 Aug 2020	.. . . . .	. . . . .

10. **Reschedule or cancel** your appointment if you are unable to attend.

Please note, at this time, only self-scheduled appointments can be rescheduled or cancelled. For all non-self scheduled appointments, contact the location where your appointment is occurring to cancel or reschedule.



## Wally Intrihep's Appointments

View the details of your appointment, including the location and duration of the appointment and if there is any preparation required. Please note that not all appointments may show on the MyHealthPortal. This is because not all Interior Health appointments are booked in the electronic system that links to your MyHealthPortal account. [Learn More](#)

**Blood Collection**  
Wednesday, 5 August 2020 at 9:00 am  
  
Salmon Arm Shuswap Outpt Lab  
#2, 2770 - 10th Ave NE  
Unit A  
Salmon Arm, BC V1E 4N6

**Reschedule Appointment**

**Cancel Appointment**

**Print**