

## **Sexual Health Resources for Teachers and PHNs**

### **1 Teaching Sexual Health Education**

**Teaching Sexual Health Education**: a primer for new teachers, a refresher for experienced teachers.

Elementary School **Sexual Health Manual** Guide for Teachers

### **2. Sexual Health Information and Lesson Plans by Grade Level and Topic**

#### **Information for Grades K-3**

This link to the **Resource Centre for Adolescent Pregnancy Prevention** (ReCAPP) focuses on young children and helping to promote healthy attitudes toward their physical development and sexuality. This learning activity at ReCAPP about **body parts** is complete with introduction, purpose, time required and handouts.

#### **Lesson Plans for Grades 4-12 by grade and topic**

**<http://teachers.teachingsexualhealth.ca/>**

**<http://www.sexualityandu.ca/teachers>**

**Toronto Public Health** lesson plans and videos. Also examples given on how to answer the **anonymous questions** kids ask:

**Family Life and Sexual Health Lesson Plans** (FLASH) American resource

#### **Online Videos appropriate for secondary school classes**

- **[Know Your Birth Control Rights- U tube video](#)**
- **[The Magic of Birth Control](#)**
- **["Cup of Tea" Video about consent and sex](#)**

### **3. Information Specific for Students with Differing Abilities**

Public Health Agency of Canada: **[sexual health education for youth with physical disabilities](#)**

Sexuality and U: **physical** disabilities and **intellectual** disabilities.

Teaching Sexual Health: **[Grades 4-12 lesson plans for students with differing abilities](#)**



**Teaching human sexuality** fact sheet for teaching students with differing abilities

**FLASH Special Education section**

**Sunny Hill Education Resource Centre** houses a unique collection of books, videos and pamphlets on sexuality for children with disabilities. Use the **online catalogue** to search and request items or call **1-800-331-1533**. Resources are mailed out free to any location in BC

**Responding to children's problem sexual behaviour in elementary schools**

**Interactive workbook** on Sexuality Education for Children and Adolescents with Developmental Disabilities.

**Educating children who are deaf-blind and developmentally delayed**

#### **4. Online Resources:**

- <https://www.optionsforsexualhealth.org/sex-sense>
- <http://goaskalice.columbia.edu/sexual-and-reproductive-health>
- [www.scarleteen.com](http://www.scarleteen.com)
- <http://sexualityandu.ca/games-and-apps>
- [STI Booklet for youth](#)
- [Gender Identity in Schools](#)
- <http://orders.catie.ca/>: Canada's Source for HIV and Hepatitis C Information

#### **5. Other Information Collected by Health Promoting Schools Coordinators**

##### **SD 8 Sexual Health Information**

- <http://sd8healthyschools.weebly.com/sexual-health.html>

##### **SD 20 Sexual Health Information**

- <http://sd20health.wikispaces.com/I.++Sexual+Health+Resources+%26+Lesson+Plans>
- <http://sexualhealthdatabasesd20.wikispaces.com/home>