



Patient Care Tower Champions

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Welcome to the second in a series of stories dedicated to profiling the people working together to keep the wheels moving at Penticton Regional Hospital (PRH). These stories showcase the important work being done each day and highlight the enhancements to come with the new David E. Kampe Tower.

Penticton Regional Hospital's Primary Care Maternity Clinic

Being an expectant or new mother is an incredible experience filled with a number of emotions. Joy and excitement are among them, but so are worry and stress.

When patients visit the Primary Care Maternity Clinic at Penticton Regional Hospital they can often feel the latter — with a million different thoughts running through their minds.

For Dr. Catherine Botting, a general practitioner who joined the clinic in 2016, it's the opportunity to put her patients' minds at ease and smiles on their faces that inspires her work every day.

"It's incredibly gratifying to be able to be part of such a special moment in someone's life; to support them and make them feel good about something," says Dr. Botting.



Midwife Christy Raynolds, Dr. Catherine Botting and Nurse Manager Maureen Spinks.

Located in a small corner of the hospital's second floor, family physicians, obstetricians and administrative support staff work together to provide care for women 10 weeks of pregnancy through to six weeks post-delivery.

Maureen Spinks, nurse manager of the Maternal Child program, has managed the clinic since its opening in 2004. "The goal of the clinic was, and continues to be, to promote a healthy mother giving birth to a healthy baby," Spinks says.

Each day the clinic sees 17-20 pregnant or postpartum women and/or babies. Patients are greeted by a photo collage of some of the clinic's youngest patients and exam room walls that don brightly coloured butterflies and zoo animals.

"The clinic is such a fun place to work. Everyone is very positive and works well together to provide the best support for our patients," says Dr. Botting.

Space, however, has been a challenge, says Spinks, which has limited the clinic's ability to offer additional services to patients.



Dr. Botting, Maureen Spinks and Christy Reynolds look at drawings of their soon-to-be new home in the David E. Kampe Tower

Thankfully, more space is on the way. In 2019, patients of the clinic will walk the halls of a new Maternal-Child area on the main floor of the David E. Kampe Tower. The new Maternal-Child area will have more spacious examination rooms, new consultation rooms, and a children's play area.

"The addition of consultation rooms in the tower will provide a private space for clients to meet with a variety of health care professionals including public health nurses, social workers, dietitians and physician specialists," says Spinks.

Additionally, clinic staff hope to work hand-in-hand with midwives in the new tower, who will now have the space to offer group prenatal classes.

"Whether it's working in a team with doctors in the clinic or providing group prenatal care, midwives and our patients will benefit from working closely with the wider health-care team," says Christy Reynolds, a registered midwife from Willow Community Midwives in Penticton.

At six storeys high and 280,000 square feet, the David E. Kampe Tower will increase capacity and functionality of ambulatory care services, include five new operating rooms, 84 new single patient rooms, a rooftop helipad and space to allow the UBC Faculty of Medicine program to expand. The project will also accommodate renovations to significantly expand the emergency department and update the pharmacy, supplies and equipment stores.