

# UpToDate® CME Credits for IH Physicians

## How can I earn and redeem CME credits through the Interior Health institutional subscription?

If you access UpToDate® through Interior Health and are registered with UpToDate®, you can earn and redeem CME credit.

You need to register on an IH networked computer. To do so, go to <http://www.uptodate.com> and click the “Login/Register” button at the top right of the main page. Complete the form and hit “Submit Registration”. Once done, you will receive an email which confirms your username and will allow you to access the ‘My Account’ feature in UpToDate. With your username and password you can log in and earn CME credit. You can also manage your account, change your username/password and redeem your earned CME credits.

## What kind of CME credit can I earn and redeem using UpToDate®?

**College of Family Physicians of Canada (CFPC)** - The UpToDate® program meets the accreditation criteria of the CFPC and has been accredited for up to 0.5 CFPC Mainpro®-MI Credits per Internet point-of-care learning cycle. You may earn up to 15 CFPC Mainpro®-MI Credits per year for this category of electronic CME activity.

**Royal College of Physicians and Surgeons of Canada (RCPSC)** - Use of UpToDate® may be recorded on the basis of .5 credits per activity in Section 2 (Scanning) of the Royal College Maintenance of Certification (MOC) Program.

## Who can I contact for further information?

### IH Library Services

For IH West & EK: 250-314-2234  
[tcslibrary@interiorhealth.ca](mailto:tcslibrary@interiorhealth.ca)

For OK & KB: 250-862-4300 X 7296  
[oklibraries@interiorhealth.ca](mailto:oklibraries@interiorhealth.ca)

Please note: You will be prompted to login from an IH networked computer once a month to re-verify that you are a valid IH user.



**Interior Health**  
Every person matters