

# BC SUPPORT Unit

## Interior Centre



### Who we are

Canada's Strategy for Patient-Oriented Research (SPOR) is about ensuring that the right patient receive the right intervention at the right time.

The BC SUPPORT (Support for People and Patient-Oriented Research and Trials) Unit is a multi-partner organization created to support, streamline and increase patient-oriented research throughout BC.

It's one of 10 SUPPORT Units established across Canada as part of SPOR, a Canada-wide initiative led by the Canadian Institutes of Health Research (CIHR).

The BC SUPPORT Unit Interior Centre, located in Kelowna, is the go-to place for stakeholders within the geographic area served by Interior Health.

### Who are patients?

Anyone who has experience with the health care system and/or personal experience of a health issue, and informal caregivers, including family and friends.

### What's patient-oriented research?

Research that:

- Is done in partnership with patients
- Answers research questions that matter to patients
- Aims to improve health care

