

Health Hints



Booster Seats: It's the Law



- In BC children over 18 kg (40 lb.) who have outgrown their forward facing car seat must ride in a **booster seat** until they are 145 cm (4'9") tall **or** 9 years of age.

Correctly using child car seats reduces a child's chance of major injury and death in a car accident by 70%!

- Booster seats must be used with a **lap and shoulder belt**; they cannot be used with a lap belt alone.
- A booster seat should correctly position the vehicle seat belt **at or over the child's shoulder**, and never on the neck or arm, or under the arm.
- The lap belt portion should be snug against your child's hips, and **not on their stomach.**

Remember:

- Buckle up an empty booster seat (or take it out of your vehicle) so it doesn't bounce around in the back seat when not in use.
- **Always follow the manufacturer's instructions and read your vehicle owner's manual.**

For more information: <https://www.tc.gc.ca/eng/motorvehiclesafety/safedrivers-childsafety-stage3-booster-seats-1086.htm>

http://www.bcaa.com/-/media/BCAA/files/brochures/RS_CPS_Under_Nine_Years_Old.pdf



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