

## Services

Public Health Centre services for students and teachers may include the following:

- Birth Control Information / Counselling (condoms)
- Communicable Disease Information / Counselling
- Emergency Contraception Information / Referral
- Mental Health Information / Referral
- Naloxone Training and Kits
- Pregnancy Testing / Counselling
- Prenatal Counselling or Classes
- Sexually Transmitted Infection Information
- Youth Clinics
- Free Condoms for your School  
(<https://www.interiorhealth.ca/sites/Partners/SchoolDistricts/Pages/default.aspx>)

## Resources

### Communicable Disease Surveillance

Public Health is to be notified when a parent reports that their child is ill with a serious communicable disease or if there is greater than 10% absenteeism in the student and staff population due to illness.

### Health Consultation

Public Health Nurses are available for confidential consultation, Healthy Schools Initiatives and Toolkits.

Public Health staff are available as a resource. They can participate as members of a Healthy Schools Team, be involved in a healthy schools assessment, and participate in other school health activities.

Contact your school nurse or check the Interior Health Public Website for teaching toolkits to support classroom lessons on the following health topics: Adoption and Foster Care, Hand Hygiene, Healthy Eating, Healthy Relationships, Positive Mental Health, Seizures, Sexual Health, Substance Use, Tobacco Reduction and Vaccines & Immunology  
(<https://www.interiorhealth.ca/sites/Partners/SchoolDistricts/Pages/default.aspx>)

## Healthy Eating

Public Health Dietitians are available to provide support for school nutrition and food security projects through resources, informing about funding, and reviewing applications. Support is also available to school districts for the development of healthy school policies and implementation of the Guidelines for School Food and Beverage Sales (<https://www.interiorhealth.ca/YourHealth/SchoolHealth/SchoolNutrition/Pages/default.aspx>)

## Healthy From the Start

Public Health Nurses connect young pregnant women with services in their community through this program to ensure the healthiest pregnancy possible. For more information: <http://www.interiorhealth.ca/YourHealth/HavingABaby/Pages/PrenatalRegistry.aspx>

## Immunizations

**Grade 6 students** - Chickenpox (Varicella), Hepatitis B, and Human Papillomavirus

**Grade 9 students** - Tetanus / Diphtheria / Pertussis, and Meningococcal Quadrivalent

For more information: [www.immunizebc.ca](http://www.immunizebc.ca) or <http://www.interiorhealth.ca/YourHealth/ChildrenYouth/Pages/Immunization.aspx>

## Medical Alerts

Public Health Nurses are available for consultation in the management of care for students with life-threatening medical conditions as well as for teacher in-services and updates. (e.g. anaphylaxis training or glucagon administration training)

## Special Health Care Needs

The Nursing Support Services Coordinator is available to help develop care plans for students and provide training and monitoring for school caregivers. They also provide a liaison between school, family and other health professionals.

## Tobacco and Vapour Products in Schools

For resources and links (lending library, vaping information, tobacco reduction information, curricula and information about Aboriginal mini grants) visit: <http://www.interiorhealth.ca/sites/Partners/TobaccoResources/Pages/Schools.aspx>.

Tobacco Reduction Coordinators are available for training school staff wanting to assist students to quit tobacco use.

## Public Health Centres

IH Central		IH West		IH East	
Armstrong	250-546-4727	Ashcroft	250-453-1940	Castlegar	250-365-4310
Enderby	250-838-2450	Barriere	250-672-5515	Cranbrook	250-420-2207
Kelowna	250-469-7070 ext 13301	Chase	250-679-1393	Creston	250-428-3873
Keremeos	250-499-3029	Clearwater	250-674-3141	Fernie	250-423-8288
Lumby	250-547-2164	Kamloops	250-851-7300	Grand Forks	250-443-3150
Oliver	250-498-5080	Lillooet	250-256-1314	Golden	250-344-3001
Osoyoos	250-495-6433	Logan Lake	250-378-3400	Invermere	250-342-2360
Penticton	250-770-3434	Merritt	250-378-3400	Kaslo	250-353-2291
Princeton	250-295-4442	100 Mile House	250-395-7676	Kimberley	250-427-2215
Revelstoke	250-814-2244	Williams Lake	250-302-5000	Midway	250-449-2887
Rutland	250-980-4825			Nakusp	250-265-3608
Salmon Arm	250-833-4100			Nelson	250-505-7200
Sicamous	250-836-4835			Salmo	250-357-9511
Summerland	250-404-8050			Sparwood	250-425-2064
Vernon	250-549-5721			Trail	250-364-6219
West Kelowna	250-980-5150				

For more information contact your local Public Health Centre or visit us online at <http://www.interiorhealth.ca/YourHealth/SchoolHealth/>