

Services to Schools

This list describes an overview of current Interior Health services to schools

Aboriginal Health

Aboriginal Health Staff do not currently provide services directly in schools but can inform and liaise with IH Staff that provide direct services, including public health nurses. Visit [Aboriginal Health](#) on the IH website for more information on this program area.

Audiology (Hearing)

Audiology services are provided to children aged 0-19 through local health unit/centre hearing clinics. Visit [Hearing Health](#) for more information.

Examples of Activities:

- ◆ Hearing assessments
- ◆ Hearing aid assessment, selection, sale, fitting and monitoring
- ◆ Remote microphone technology (RM) equipment and assistive learning devices (ALD) needs assessment, selection, fitting, monitoring
- ◆ Technical services, e.g. maintenance of hearing aids and RM/ALD equipment; sale and fit of ear molds, swim molds, hearing aid and RM/ALD equipment accessories
- ◆ In-service training for school staff on hearing topics such as: hearing development, hearing loss, hearing aids and RM/ALD equipment

Healthy Schools Program Specialists

The Program Specialists collaborate with school districts to support health promotion and provide health education support and resources for Health Promoting Schools Coordinators. They also lead program development and provide education support for public health nurses working

with school aged children and youth.

Examples of Activities:

- ◆ Communication of health information to schools, parents, and administrator's through the [School Health](#) and [School District Partners](#) pages of the Interior Health Website
- ◆ Participation in district Health Promoting Schools Coordinator education events
- ◆ Development of standard resources for use by Public Health Nurses

Dental

IH Dental staff link with schools to act as a resource, monitor dental health trends and support the development of healthy dental practices. Visit the IH [Dental Health](#) web page.

Examples of Activities:

- ◆ Conduct Kindergarten-age surveys every 3 years as per Ministry requirement
- ◆ Assist schools/teachers/nurses with dental referrals
- ◆ Provide resources such as dental kits, displays and educational handouts

Dietitians

Public Health Dietitians are available to work with school districts and their Health Promoting School Coordinators to:

- ◆ provide resources for integrating food literacy into the curriculum
- ◆ support healthy school food environments
- ◆ develop school nutrition policies
- ◆ support compliance with the Guidelines for Food and Beverage Sales in BC Schools

For nutrition resources to support curriculum visit Interior Health's [School Nutrition web page](#) for

topics such as school gardens, the Cook it. Try it. Like it program, and Farm to School initiatives.

Environmental Public Health

Environmental Public Health personnel work to ensure that schools are safe environments for children. Visit [Your Environment](#) for more information.

Examples of Activities:

- ◆ Inspection and permits for food premises that are open to the public e.g. cafeterias
- ◆ Provide support to the water purveyor with water quality of drinking water
- ◆ Licensing of child care programs on school grounds
- ◆ Consultation on food safety, outdoor and indoor air quality, including radon gas, water quality, enteric and zoonotic diseases, sanitation and other health protection issues

Tobacco and Vapor Prevention and Control

Tobacco Reduction Coordinators and Enforcement Officers provide support to tobacco reduction initiatives in schools. Please visit [School Districts: Tobacco Reduction](#) for information and resources.

Examples of Activities:

- ◆ Support Tobacco and Vapour Free Legislation
- ◆ Support Compliance
- ◆ Promote cessation resources (Quit Now, BC Smoking Cessation Program)
- ◆ Promote National Non-Smoking Week and World No Tobacco Day

Interior Health Children's Assessment Network (IHCAN)

IH staff and a network of service providers offer assessment and diagnostic services for children with complex behavioral conditions, e.g. Autism, Fetal Alcohol Spectrum Disorder and other Complex Developmental Behavioral Conditions. Referral must come from a medical professional. Call 1-250-763-4122 or see [here](#) for further information.

Medical Health Officer (MHO)

Medical Health Officers assist in addressing school health issues and in the formation and implementation of healthy school policies. [Medical Health Officers](#) also have a legal responsibility and mandate under the School and Public Health Acts for protecting the health of students in the school environment.

Examples of Activities:

- ◆ Acting as medical consultants for school health related issues
- ◆ Providing consultation to public health staff as well as community health providers on school health issues
- ◆ Supporting emergency response situations
- ◆ Promoting wellbeing
- ◆ Protecting health and preventing disease in the school setting

Mental Health and Substance Use (MHSU)

Interior Health and our partner agencies provide a range of [mental health](#) and [substance use](#) services for all ages. We strive to ensure that our services are welcoming of all peoples, gender identities, cultures, ethnicities and backgrounds. Public Health Services provide [early childhood screening plus services for teens](#). For more information visit [Mental Health Promotion](#).

Child and teen mental health services are offered throughout British Columbia through the [Ministry of Children and Family Development \(MCFD\)](#).

Examples of IH Promotion Activities:

- ◆ Development of District Parent Community Teams to support parent education
- ◆ District level support for social/emotional learning as well as substance use and mental health literacy.

Examples of [Mental Health Services](#):

- ◆ [Early Psychosis Intervention](#)
- ◆ [Eating Disorders Treatment Services](#)
- ◆ Hospital-Based Psychiatric Services
- ◆ Tertiary Psychiatric Services

Examples of [Substance Use Services](#):

- ◆ [Substance Use Outreach Services](#)
- ◆ [Substance Use Counselling & Treatment Services](#)
- ◆ Youth [Intensive Case Management](#)

Examples of IH Clinical Activities:

- ◆ Works with MCFD and RCMP on urgent response crisis counselling
- ◆ Prevention is a school based substance use prevention program.
- ◆ School Based / Youth Outreach Services are provided by Substance Use counsellors in select high schools and communities to youth experiencing substance use challenges in the school setting.

Nursing Support Services (NSS)

NSS coordinators provide assessment, care plan development and education, consultation, resources and

ongoing monitoring services for children ages 0-19 with chronic and/or severe, complex health conditions. Visit: [Nursing Support Services](#)

Examples of Activities:

- ◆ Training and support of school staff to provide delegated care
- ◆ Provision of nursing care services in very complex situations
- ◆ Referrals to other services as needed

Public Health Nursing

Public Health Nurses work in partnership with school staff, students, parents and the community to promote health and prevent disease and injury for school-aged children and youth. See [School Health Nurses](#) and [Health Promotion Resources](#)

Examples of Activities:

- ◆ Immunization
- ◆ Infectious disease follow-up
- ◆ Consultation for students with special health needs, i.e. anaphylaxis training, diabetes training, seizure management
- ◆ Consultation and support with health education curriculum and activities
- ◆ School based clinics offering information, support and care for students
- ◆ Collaboration and consultation on Health Promoting School Initiatives
- ◆ Harm reduction initiatives

Vision

IH staff delivers kindergarten vision screening programs in schools. Children identified with possible vision concerns are referred for diagnostic assessment and follow up by vision specialists. See [Vision](#)

Website

For more information see the [School Health](#) and [School District Partners](#) pages of the Interior Health Website.