Mild Cognitive Impairment Clinical Toolkit

Assessment Tools for Mild Cognitive Impairment

- If the results of an MMSE are within normal range, but other presenting clinical data (e.g., reported or observed behaviours, mood changes and/or functional losses, particularly in complex IADL/ADL) is suggestive of cognitive loss, it is appropriate to consider the use of an alternate tool to assist in further multi-domain assessment.
- A standardized, validated screening tool for MCI that meets this requirement is the Montreal Cognitive Assessment (MoCA)\(^1\)
- Interdisciplinary staff who choose to access this tool are advised to fully read the accompanying administrative and scoring instructions before use.

Physician Guidelines for Mild Cognitive Impairment (3rd Canadian Consensus guidelines)

Useful Reading for Mild Cognitive Impairment


Client Education and Support Materials

- This is an important time to assess individual brain health risks and lifestyle behaviours. See the Pre-Clinical Phase Toolkit for professional and client support materials.
- Mayo Clinic: Mild Cognitive Impairment: This website contains up to date information suitable for client teaching, including definition, symptoms, risk factors and intervention.
- Memory Problems? This short 16 page booklet is an excellent resource for both MCI and early dementia clients. It was written by the Early Stage Support Groups in the North/Central Okanagan region of the Alzheimer Society of B.C. It was created by people with memory problems for people with memory problems.

Footnotes, references from content