**Mobility Decision Support Tool**

This tool is intended to guide decisions on transfers and ambulation related to daily activities of providing care. It is not intended to restrict activities for rehabilitation therapy purposes, or to override clinical judgment and resident-specific needs, as determined by the care team.

**Screen the resident for safe mobilization: confirm abilities and proceed as indicated.**

1. Is cooperative and able to follow directions and/or physical cuing
   - Yes
   - No

2. Can boost up in the bed with no/minimal physical assistance
   - Yes
   - No

3. Can move from lying to sit and then maintain or correct his/her position with no/minimal physical assistance
   - Yes
   - No

4. With feet on floor, can lean forward and lift buttocks off surface and sit back down
   - Yes
   - No

5. Can lean forward, lift buttocks off surface and stand up
   - Yes
   - No

6. Can step from one foot to another to side or forward with no/minimal assist (may use walking aide)
   - Yes
   - No

7. Once standing, can actively walk on the spot with no/minimal assist or with walking aide
   - Yes
   - No

**Document the outcome, and refer to physiotherapy if complex.**

- Do not proceed, or
- Transfer – use full Mechanical Lift
- Reposition – use full Mechanical Lift (or assistive devices if resident has some abilities or if lift is not available)

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- Do not manually transfer or walk
- Use Sit-Stand Lift (resident must be able to actively participate, keep elbows at side and lean back to keep sling in position)

- Do not walk
- Use stand and step transfer

**Can walk independently or with supervision (may use walking aide)**