

Roller Band Application

Instructions

Secure anchor points to bed frame:

Locate a sturdy anchor point on the bed frame at the level of the **patient's low back**. Wrap the closed webbing anchor assembly around the anchor point.

Feed one end of the webbing anchor through the other to form a "clove hitch" – a solid anchor point.

Snap the supplied carabiner in place – one on each anchor point.

Repeat at the level of the **patient's knees** so that there are 2 anchor points on the same side of the bed.

Position slings:

Holding one sling and strap flat on the bed, push the sling under the **patient's knees**.

Repeat with the other sling – pushing the sling under the **patient's low back**.

Attach one end of each sling to each anchor point using the carabiner – **on the side the patient will face when rolled**.

Position the carry bar so that it is perpendicular to the patient's shoulders. Attach one strap to each end of the carry bar.

Elevate the carry bar to roll the patient into position on his/her side.



Safety Points

Bend your knees and crouch to complete this task – avoid stooping.

Press down into the mattress as you place the slings under the patient to prevent skin shearing.

If you have two workers, hold your hand over the straps as it is being pulled through by the second worker in order to avoid skin shearing.

A slider bottom sheet is beneficial in making the positioning of the sling smoother for the patient and easier for the caregiver.

Ensure that the side rails are up prior to rolling the patient.

Ensure that the carry bar is lowered enough that the straps can be attached easily – without tugging.